

# Feel Alright

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Rita Masur (CAN)  
音樂: Mony Mony - Billy Idol



## HEEL SWITCHES FORWARD, CLAP

1&      Touch right heel forward, bring right foot back in place  
2&      Touch left heel forward, bring left foot back in place  
3-4      Touch right heel forward, clap

## HIP BUMPS

1&2-3&4      Double hip bumps right and left

## WIGGLES DOWN AND UP

1-2-3-4      With bended knees, wiggle down and up  
5-6-7-8      With bended knees, wiggle down and up

## SHUFFLE FORWARD, ½ PIVOT TURN RIGHT

1&2      Right foot shuffle forward - right-left-right  
3-4      Left foot step forward, ½ pivot turn right

## SHUFFLE FORWARD, ¼ PIVOT TURN LEFT

1&2      Left shuffle forward -left-right-left  
3-4      Right foot forward, ¼ pivot turn left

## JAZZ BOX

1-2-3-4      Right foot cross over left foot, left foot step back, right foot step beside left foot, left step beside right foot

## SIDE TOE SWITCHES AND CLAP

1&      Point right toe to right side, bring right foot back in place  
2&      Point left toe to left side, bring left foot back in place  
3-4      Point right toe to right side, clap

## REPEAT

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