

Feel Alright

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rita Masur (CAN)
音樂: Mony Mony - Billy Idol



HEEL SWITCHES FORWARD, CLAP

1& Touch right heel forward, bring right foot back in place
2& Touch left heel forward, bring left foot back in place
3-4 Touch right heel forward, clap

HIP BUMPS

1&2-3&4 Double hip bumps right and left

WIGGLES DOWN AND UP

1-2-3-4 With bended knees, wiggle down and up
5-6-7-8 With bended knees, wiggle down and up

SHUFFLE FORWARD, ½ PIVOT TURN RIGHT

1&2 Right foot shuffle forward - right-left-right
3-4 Left foot step forward, ½ pivot turn right

SHUFFLE FORWARD, ¼ PIVOT TURN LEFT

1&2 Left shuffle forward -left-right-left
3-4 Right foot forward, ¼ pivot turn left

JAZZ BOX

1-2-3-4 Right foot cross over left foot, left foot step back, right foot step beside left foot, left step beside right foot

SIDE TOE SWITCHES AND CLAP

1& Point right toe to right side, bring right foot back in place
2& Point left toe to left side, bring left foot back in place
3-4 Point right toe to right side, clap

REPEAT
