

# Feel A Change

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Phill Morris  
音樂: I Feel a Heartache - Danni Leigh



## HEEL STRUTS & ROCKS

1-2      Touch right heel forward, snap toe down weighting right foot  
3-4      Rock back on left foot, rock weight forward onto right foot, pushing hips in direction of rock  
5-6-7-8      Repeat 1-4 starting on left foot

## WEAVE LEFT, CROSS ½ UNWIND, LEFT COASTER

1-2      Cross right over left, step left to side  
3-4      Cross right behind left' step left to left side  
5-6      Cross right in front of left, unwind ½ turn left(weight on right foot)  
7&8      Step back on left, step right beside left, step forward on left

## MAMBO BOX & HOLDS

1-2      Step right foot to right side, step left foot beside right  
3-4      Step forward on right foot, hold for one count  
5-6      Step left to left side, step right beside left  
7-8      Step back slightly to the left leaving right heel extended forward and hold for one count

## VAUDEVILLE HOPS & ¾ MONTEREY TURN

&      Bring right foot in place beside left  
1      Cross left over right, coming back into line of dance  
&      Step right to right side  
2      Tap left heel diagonally to the left  
&3&4      Repeat &1&2 starting with left foot  
5      Touch right toe to right side  
6      Turn ¾ turn to right on ball of left foot & bring right foot beside left and apply weight  
7      Touch left toe to left side  
8      Step left foot in place beside right, apply weight

## REPEAT

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