

Feel

拍數: 32 牆數: 0 級數:
編舞者: Minna Liljamo (FIN)
音樂: Feel - Robbie Williams



STEP, ROCK STEP, SHUFFLE ½ TURN, SHUFFLE ½ TURN, STEP

1 Step left forward
2-3 Rock right forward, recover weight on left
4&5 Shuffle back right-left-right turning ½ to the right
6&7 Shuffle forward left-right-left turning ½ to the right
8 Rock right back

STEP, TOUCH, CROSS SHUFFLE, ROCK ¼ TURN, SHUFFLE

1 Recover weight on left
2 Touch right toe beside left
3&4 Shuffle across left right-left-right
5-6 Rock left side, turn ¼ to the right and recover weight on right
7&8 Shuffle forward left-right-left

ROCK STEP, ½ TURN, ½ TURN, SHUFFLE, SYNCOPATED STEPS

1-2 Rock right forward, recover weight on left
3 Turn ½ to the right with left ball and step right forward
4 Turn ½ to the right with right ball and step left back
5&6 Turn ½ to the right with left ball and shuffle forward right-left-right
7& Rock left forward, recover weight on right
8& Rock left back, recover weight on right

½ PIVOT TURN, SHUFFLE, TOUCH, CROSS SHUFFLE, STEP BACK, STEP SIDE

1-2 Step left forward, pivot ½ turn to the right
3&4 Shuffle forward left-right-left
5 Touch right toe to the right side
6&7 Shuffle across left right-left-right
&8 Step left back, step right to the right side

REPEAT
