

Feds

拍數: 40 牆數: 4 級數: Intermediate
編舞者: William Sevone (UK)
音樂: F.B.I. - The Shadows



CROSS STEP, STEP BACKWARD, EXTENDED WEAVE, TOE STEP, (12:00)

- 1-2 Cross step right over left, step backward onto left
- 3-4 Step right to right side, cross step left over right
- 5-6 Step right to right side, cross step left behind right
- 7-8 Step right to right side, (feet apart) step left toe next to right

BODY TURN ¼ LEFT, TURNING HEEL DROP, 3X IN LINE TOE STRUTS, (9:00)

- 9-10 Turn upper body and left leg ¼ left (heel still raised), turn rest of body to left and drop left heel to floor

The following toe-heel struts are shallow and 'in-line'

- 11-12 Step forward onto right toe, drop right heel to floor
- 13-14 Step forward onto left toe, drop left heel to floor
- 15-16 Step forward onto right toe, drop right heel to floor

CROSS STEP, STEP BACKWARD, SHUFFLE BACKWARD, ¼ RIGHT CHASSE, ¼ RIGHT FORWARD SHUFFLE, (3:00)

- 17-18 Cross step left foot over right, step backward onto right foot
- 19&20 Step backward onto left, close right next to left, step backward onto left
- 21&22 Turn ¼ right & step right to right side, step left next to right, step right to right side
- 23&24 Turn ¼ & step forward onto left, close right next to left, step forward onto left

KICK, STEP BACKWARD, BACKWARD TOE TOUCH, STEP FORWARD, PIVOT ½ RIGHT, STEP FORWARD, PIVOT ¼ RIGHT CROSS TOE TOUCH, (12:00)

- 25-26 Kick right forward, step backward onto right
- 27-28 Touch left toe backward, step forward onto left
- 29-30 Pivot ½ right (weight on right), step forward onto left
- 31-32 Pivot ¼ right (weight on right), cross touch left toe over right

CHASSE, ¼ LEFT FORWARD SHUFFLE, ROCK FORWARD, ROCK, ½ LEFT TRIPLE STEP, (3:00)

- 33&34 Step left to left side, step right next to left, step left to left side
- 35&36 Turn ¼ left & step forward onto right, close left next to right, step forward onto right
- 37-38 Rock forward onto left, rock step onto right
- 39&40 (On the spot) triple step ½ left stepping left-right -left

REPEAT

TAG

Add this 8 count tag at the end of walls 3 and 6

- 1-2 Turn ¼ left & push step right foot forward, step onto left
- 3-4 Turn ¼ right & step right to right side, turn ¼ right & push step left forward
- 5-6 Step onto right, turn ¼ left & rock step left to left side
- 7-8 Turn ¼ right & step onto right, step left to left side - slightly forward of right