

Faster

拍數: 34 牆數: 2 級數: Beginner
編舞者: Shirley Hawkins (USA)
音樂: If It Don't Take Two - Shania Twain



TOE-HEEL HOLD

- 1 Touch right toe forward
- 2 Touch right heel forward
- 3 Step ¼ turn right with right foot
- 4 Hold 1 beat
- 5 Touch left toe forward
- 6 Touch left heel forward
- 7 Step left foot beside right foot
- 8 Hold 1 beat
- 9 Touch right toe forward
- 10 Touch right heel forward
- 11 Step ¼ turn right with right foot
- 12 Hold 1 beat
- 13 Touch left toe forward
- 14 Touch left heel forward
- 15 Step left foot beside right foot
- 16 Hold 1 beat

GRAPEVINE LEFT

- 17 Step left with left foot
- 18 Step right foot behind left
- 19 Step left with left foot
- 20 Touch right foot beside left

STEP FORWARD, PIVOT ½ TURN

- 21 Step forward with right foot
- 22 Pivot ½ turn left on ball of left foot

STRUT FORWARD

- 23 Step forward with right toe
- 24 Come down on right heel
- 25 Step forward with left toe
- 26 Come down on left heel
- 27 Step forward with right toe
- 28 Come down on right heel
- 29 Step forward with left toe
- 30 Come down on left heel

STEP FORWARD, PIVOT ½ TURN

- 31 Step forward with right foot
- 32 Pivot ½ turn left on ball of left foot

STOMPS

- 33 Stomp right foot
- 34 Stomp left foot beside right foot

REPEAT
