

# Fast One, No More

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Charlotte Williams (USA)  
音樂: Katie Wants a Fast One - Steve Wariner & Garth Brooks



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## STEP RIGHT FORWARD, TWO FORWARD UN-SYNCOPATED SAILORS, HOLD

1-4            Step right forward, step left behind right, step right to right side, step left forward  
5-8            Step right behind left, step left to left side, step right forward, hold

## ONE-FOURTH RIGHT TURN, STEPPING LEFT TO LEFT SIDE, TAP RIGHT HEEL TWICE, KICK RIGHT, ONE-HALF RIGHT TURNING JAZZ BOX

1-4            Turn  $\frac{1}{4}$  to right on ball of right, stepping left to left; tap right heel twice, kick right forward  
5-8            Cross right in front of left, step  $\frac{1}{4}$  to right on left, step  $\frac{1}{4}$  to right on right, step forward on left

## RIGHT STEP, LOCK, STEP, SCUFF; LEFT STEP, LOCK, STEP, SCUFF

1-4            Step right forward, step left behind right (lock), step right forward, scuff left  
5-8            Step left forward, step right behind left (lock), step left forward, scuff right

## TURNING JAZZ BOXES (ONE-FOURTH TO RIGHT; ONE-FOURTH TO LEFT)

1-4            Cross right in front of left, step back on left, turn  $\frac{1}{4}$  to right, stepping on right, scuff left  
5-8            Cross left in front of right, step back on right, turn  $\frac{1}{4}$  to left, stepping on left scuff right

**REPEAT**

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