

Fast Living

拍數: 32 牆數: 4 級數: Improver
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音樂: Living In Fast Forward - Kenny Chesney



RIGHT HEEL, TOE, SHUFFLE FORWARD, ROCK STEP, SHUFFLE ½ TURN LEFT

1-2 Tap right heel forward, touch right toe back
3&4 Step right forward, close left beside right, step right forward
5-6 Rock left forward, recover onto right
7&8 Turn ½ turn left stepping forward left forward, step right beside left, step left forward

GRAPEVINE RIGHT WITH TOUCH, ROLLING GRAPEVINE LEFT

1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left ¼ turn left. Step right forward turning ½ turn left
7-8 Step left back turning ¼ turn left, touch right beside left

An alternative for rolling turn left is a grapevine

SIDE STEPS WITH TOUCHES, 2 PIVOT TURNS

1-2 Step right to right side, tap left beside right
3-4 Step left to left side, tap right beside left
5-6 Step forward on right, pivot 1/8 turn left
7-8 Step forward on right, pivot 1/8 turn left

ROCK AND RECOVER, CHASSE RIGHT, ROCK BACK AND RECOVER, CHASSE LEFT

1-2 Cross rock right over left. Recover onto left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross rock left behind right, recover onto right
7&8 Step left to left side, step right beside left, step left to left side

REPEAT

TAG

Walls 2 and 5, after count 32

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, pivot ½ turn left
