# (In The) Fast Lane

拍數: 32

級數: Improver

編舞者: Kathy Sharpe (USA)

音樂: Get In Line - The Chammps

### FORWARD, ROCK, ½ TURN SHUFFLE, ¼ TURN PIVOT, HEEL SWITCHES

- 1-2 Step forward on right foot, rock back onto left
- &3&4 Pivot on ball of left foot, <sup>1</sup>/<sub>2</sub> turn right, shuffle forward right, left, right
- 5-6 Step left forward, pivot ¼ turn right ending with weight on right foot
- 7&8 Touch left heel forward, step right foot together with left, touch right heel forward

### AND, WALK, STOMP, HEEL SWIVELS, FORWARD, ROCK, TRIPLE STEP WITH ¾ TURN RIGHT

- &1-2 Step right foot together with left, step forward on left, stomp right foot next to left
- &3&4 Swivel both heels right, then left, right, left while bending knees slightly
- 5-6 Step forward on right foot, rock weight back onto left foot
- 7&8 Triple step in place (right, left, right) while turning <sup>3</sup>/<sub>4</sub> turn to right

## STEP LEFT, TOUCH RIGHT, STEP RIGHT, TOUCH LEFT, CROSS OVER, STEP, TRIPLE IN PLACE Step touches are done while song says "step to the left, step to the right

- 1-4 Step to left on left, touch right toe next to left and snap fingers, step to right on right, touch left toe next to right and snap fingers
- 5-6 Cross left foot over right, step slightly back on right
- 7&8 Triple step in place (left, right, left)

### WEAVE RIGHT (4 COUNTS), STEP RIGHT, ROCK, TOUCH, HOLD WITH DOUBLE CLAP

- 1-4 Step to right on right foot, cross left foot behind right, step to right on right, cross left foot over right
- 5-7 Step right on ball of right foot, rock weight back onto left, touch right toe next to left
- 88 Hold (with weight still on left foot) and clap twice

#### REPEAT





**牆數:**2