

# Fast Food

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kayleigh Hughes & Lowri Hughes  
音樂: The Fast Food Song - Fast Food Rockers



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## RIGHT SCUFF, BOUNCE RIGHT HEEL TWICE, REPEAT ON LEFT

1-4            Right scuff toe bounce, bounce  
5-8            Left scuff toe bounce, bounce

## JAZZ BOX ON SPOT, JAZZ BOX ¼ TURN WITH A SCUFF

1-4            Right over left, step back left, step side right, step left beside  
5-8            Right over left, step back left, ¼ turn right on right, scuff light

## CHASSE RIGHT, ROCK BACK RECOVER, REPEAT ON LEFT

1-2            Step right to right, step left beside right, step right to right  
3-4            Rock back on right recover left  
5-6            Step left to left, step right beside left, step left to left  
7-8            Rock back on left recover right

## FORWARD LEFT ¼ TURN, REPEAT, JUMP OUT CROSS UNWIND FULL TURN

1-4            Forward left ¼ turn right, forward ¼ turn right  
5-8            Jump out, cross unwind full turn

## REPEAT

## RESTART

After 3rd wall, dance 16 counts and then start again from count 1

## TAG

After 6th wall, add the following hands

1-2: Triangle  
3-4: Triangle  
5-6: Chicken  
7-8: Triangle  
1-2: Triangle  
3-4: Triangle  
5-6: Chicken  
7-8: Triangle  
1-2: M  
3-4: M  
5-6: Chicken  
7-8: Triangle  
1-2: M  
3-4: M  
5-6: Chicken  
7-8: Triangle  
Start again

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