

Fast Dance

拍數: 64 牆數: 4 級數: Improver
編舞者: Harold R. Glenn (USA)
音樂: Love Bug - George Jones



RAMBLE LEFT WITH HOLDS, HEEL SWIVELS

- 1 Swivel heels to the left
- 2 Hold
- 3 Swivel toes to the left
- 4 Hold
- 5-8 Repeat counts 1-4
- 9 Swivel heels to the left
- 10 Swivel heels to center
- 11-12 Repeat counts 9-10

RAMBLE RIGHT WITH HOLDS, SWIVETS

- 13 Swivel toes to the right
- 14 Hold
- 15 Swivel heels to the right
- 16 Hold
- 17-20 Repeat counts 13-16
- 21 On the heel of right foot and ball of left foot, swivel right toe to the right and left heel to the left
- 22 Swivel right toe and left heel back to center
- 23-24 Repeat counts 21-22

SIDE TOE TOUCHES, HOLDS

- 25 Touch right toe to the right
- 26 Hold
- 27 Step right foot to home
- 28 Hold
- 29 Touch left toe to the left
- 30 Hold
- 31 Step left foot to home
- 32 Hold
- 33-40 Repeat counts 25-32

CHARLESTON WITH HOLDS

- 41 Touch right toe forward
- 42 Hold
- 43 Step back slightly on right foot
- 44 Hold
- 45 Touch left toe back
- 46 Hold
- 47 Step forward slightly on left foot
- 48 Hold

RIGHT TOE TOUCHES, VINE LEFT, STEP, HOLD

- 49 Touch right toe to the right
- 50 Hold
- 51-52 Repeat counts 49-50
- 53 Cross right foot behind left and step

- 54 Step to the left on left foot
- 55 Step slightly forward on right foot next to left
- 56 Hold

LEFT TOE TOUCHES, VINE RIGHT WITH TURN, STEP HOLD

- 57 Touch left toe to the left
- 58 Hold
- 59-60 Repeat counts 57-58
- 61 Cross left foot behind right and step
- 62 Step to the right on right foot, making a $\frac{1}{4}$ turn to the right with the step
- 63 Step or stomp left foot next to right
- 64 Hold

REPEAT
