Fast Cars

拍數: 32

級數: Improver

編舞者: Kathleen Slattery (USA)

音樂: Fast Cars and Freedom - Rascal Flatts

WALK, WALK, RIGHT SHUFFLE, ROCK, RECOVER, COASTER STEP

- 1-2-3&4 Walk forward right, left, right shuffle,
- 5-6-7&8 Rock forward on left, back on right, left coaster step

STEP, CROSS BEHIND, ½ TURN SHUFFLE 2X

- 1-2-3&4 Right foot to right side, left foot behind right, while shuffling to side, make a ¹/₂ turn
- 5-6-7&8 Left foot to left side, right foot behind left, while shuffling to side, make a ½ turn

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

- 1-2-3&4 Rock on right, recover on left, cross right over left, cross shuffle
- 5-6-7&8 Rock on left, recover on right, cross left over right, cross shuffle

STEP, ¼ TURN, SHUFFLE, FULL TURN, SHUFFLE

- 1-2-3&4 Step right foot to right side, turn ¼ left, right shuffle
- 5-6-7&8 Left foot forward and make a full turn to the right while on left foot, completing turn when landing on right foot, shuffle forward on left foot

REPEAT





牆數:4