

Fast Cars

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: Michael Diven (USA)
音樂: Fast Cars and Freedom - Rascal Flatts



ROCK, RECOVER, CROSSING SHUFFLE, STEP, ½ PIVOT, CROSSING SHUFFLE

1-2 Rock right to right side, recover weight back to left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Step left to left side, pivot ½ turn right stepping right to right side
7&8 Cross left over right, step right to right side, cross left over right

ROCK, RECOVER, SYNCOPATED VINE LEFT, ROCK, RECOVER, SYNCOPATED VINE RIGHT WITH ½ TURN

1-2 Rock right to right side, recover weight back on left
3&4 Syncopated vine to the left, crossing right behind left, stepping left to left side, crossing right in front of left
5-6 Rock left to left side, recover weight back on right
7&8 Step left behind right, step right to right side while pivoting ½ turn to the left, step left to left side

STEP, ¼ TURN TOUCH, ¼ TURN STEP, TOUCH, STEP, ½ TURN, SCUFF, HITCH, STEP

1-2 Step forward on right foot, pivot ¼ turn left, touch left foot next to right
3-4 Step forward on left foot pivoting ¼ turn left, touch right foot next to left
5-6 Step right foot forward pivoting ½ turn left, step forward on left (weight ends up on left foot)
7&8 Scuff right foot forward, hitch right left, step right foot forward

ROCK, RECOVER, LEFT SAILOR WITH ¼ TURN LEFT, RIGHT SAILOR WITH ¼ TURN LEFT, LEFT SAILOR WITH ¼ TURN LEFT

1-2 Rock forward on left foot, recover weight back to right foot
3&4 Left sailor shuffle with ¼ turn left
5&6 Right sailor shuffle with ¼ turn left
7&8 Left sailor shuffle with ¼ turn left

REPEAT
