

Fast As You

拍數: 48
編舞者: Ron Wooley
音樂: Unknown

牆數: 4

級數:



RIGHT HEEL, TOUCH, HEEL, STEP, LEFT HEEL, TOUCH, HEEL, STEP

- 1-2 Touch right heel forward, touch right toe together
- 3-4 Touch right toe to side, step together right
- 5-6 Touch left heel forward, touch left toe together
- 7-8 Touch left toe to side, step together left

RIGHT K-B-C, STEP RIGHT, TURN LEFT, RIGHT K-B-C, STEP RIGHT, TURN LEFT

- 9&10 Right kick-ball-change
- 11-12 Step forward right, ½ turn left
- 13-16 Repeat counts 9-12

RIGHT HEEL, STRUT, LEFT HEEL, STRUT, RIGHT HEEL, STRUT, LEFT HEEL, STRUT

- 17-18 Touch right heel forward, step down on right
- 19-20 Touch left heel forward, step down on left
- 21-24 Repeat counts 17-20

RIGHT/LEFT JAZZ BOX ¼ LEFT,

- 25-26 Step right across left, face ¼ turn left/step back left
- 27-28 Side step right, step together left

VINE RIGHT, STOMP/CLAP, VINE LEFT, STOMP/CLAP

- 29-30 Side step right, step left behind right
- 31-32 Side step right, stomp together left and clap
- 33-34 Side step left, step right behind left
- 35-36 Side step left, stomp together right and clap

CHA-CHA WITH STEP TURNS

- 37&38 Shuffle forward right
- 39-40 Step forward left, ½ turn right
- 41&42 Shuffle forward left
- 43-44 Step forward right, ½ turn left

STEP RIGHT, ½ TURN LEFT, STOMP RIGHT, CLAP

- 45-46 Step forward right, ½ turn left
- 47-48 Stomp together right, clap

REPEAT
