

# Fast As KT

拍數: 0                      牆數: 4                      級數: Intermediate/Advanced  
編舞者: Steve Yoxall (UK)  
音樂: Katie Wants a Fast One - Steve Wariner & Garth Brooks



Sequence: A, B, B2, C, A, B, B2, A, A (omit last 8 counts and replace with Bridge), A, B, B2, A, B, B2

## SECTION A

### ½ MONTEREY TURN; ¼ MONTEREY TURN

- 1                      Point right toe to right side
- 2                      Pivoting on left foot make ½ turn right closing right beside left as you complete the turn
- 3                      Point left toe to left side
- 4                      Close left beside right (weight on left)
- 5                      Point right toe to right side
- 6                      Pivoting on left foot make ¼ turn right closing right beside left as you complete the turn
- 7                      Point left toe to left side
- 8                      Close left beside right (weight on left)

### 2 X RIGHT HEEL DROP; 2 X LEFT HEEL DROP; HAND PUSH; CLAP

- 1-2                      Step right foot slightly forward and drop heel twice
- 3-4                      Step left foot slightly forward and drop heel twice
- 5-6                      With elbows bent and palms facing away from body push forward twice
- 7-8                      Clap hands twice

### HAND JIVE; 'ONE-POTATO' MOVES; HOLD

- 1-2                      With elbows bent and palms facing down pass right hand over top of left hand twice
- 3-4                      With elbows bent and palms facing down pass left hand over top of right hand twice
- 5                      Make right and left hand into fists and tap right on top of left
- 6                      Tap left fist on top of right
- 7                      Tap right fist on top of left
- 8                      Hold

### ¼ TURN LEFT WITH HEEL DROPS; HOLD 3 COUNTS (OR HIP BUMPS)

- 1-5                      Make ¼ turn left while dropping heels five times
- 6-7-8                      Hold (alternatively bump hips forward left, back right, forward left)

## SECTION B

### FORWARD DIAGONAL STEPS WITH HOLDS

- 1                      Right step forward on slight diagonal
- 2                      Hold
- 3                      Close left instep to back of right heel (3rd position)
- 4                      Right step forward on slight diagonal
- 5                      Left step forward on slight diagonal
- 6                      Hold
- 7                      Close right instep to back of left heel (3rd position)
- 8                      Left step forward on slight diagonal (styling note: use cuban hip movement to accentuate these steps)

### RIGHT AND LEFT KICK; BACK; LOCK; BACK

- 1                      Kick right foot forward
- 2                      Right step back
- 3                      Left foot lock in front of right (weight on left)

- 4 Right step back
- 5 Kick left foot forward
- 6 Left step back
- 7 Right foot lock in front of left (weight on right)
- 8 Left step back

#### **SIDE ROCK; RECOVER; WEAVE; HOLD; SIDE ROCK**

- 1 Right rock to right side
- 2 Recover weight on to left
- 3 Right cross behind left
- 4 Left step to left side
- 5 Right step across front of left
- 6 Hold
- 7 Left rock to left side
- 8 Recover weight on to right

#### **RECOVER; WEAVE; ¼ TURN; SCUFF; STEP; TOGETHER**

- 1 Left step across front of right
- 2 Right step to right side
- 3 Left cross behind right
- 4 Right make ¼ turn right
- 5 Left step forward
- 6 Scuff right forward
- 7 Right step forward
- 8 Left close beside right

#### **SECTION B2**

##### **FORWARD DIAGONAL STEPS WITH HOLDS**

- 1 Right step forward on slight diagonal
- 2 Hold
- 3 Close left instep to back of right heel (3rd position)
- 4 Right step forward on slight diagonal
- 5 Left step forward on slight diagonal
- 6 Hold
- 7 Close right instep to back of left heel (3rd position)
- 8 Left step forward on slight diagonal (styling note: use Cuban hip movements to accentuate these steps)

##### **RIGHT AND LEFT KICK; BACK; LOCK; BACK**

- 1 Kick right foot forward
- 2 Right step back
- 3 Left foot lock in front of right (weight on left)
- 4 Right step back
- 5 Kick left foot forward
- 6 Left step back
- 7 Right foot lock in front of left (weight on right)
- 8 Left step back

##### **SIDE ROCK; RECOVER; WEAVE; FULL TURN**

- 1 Right rock to right side
- 2 Recover weight on to left
- 3 Right cross behind left
- 4 Left step to left side
- 5 Right step across front of left

- 6 Hold  
7-8 Turning left unwind full turn ending with weight on left

**TOE STRUTS; ROCK; RECOVER; BEHIND; HOLD**

- 1 Step right toe to right side  
2 Step down on right heel  
3 Step left toe across front of right  
4 Step down on left heel  
5 Rock right to right side  
6 Recover weight on to left  
7 Right cross behind left  
8 Hold

**SECTION C**

**WEAVE; SLIDE**

- 1 Left step to left side  
2 Right cross behind left  
3 Left step to left side  
4 Right cross in front of left  
5 Left take large step to left side  
6-7 Drag right toe to beside left  
8 Touch right toe beside left

**BRIDGE (DANCED AT MUSIC SPEED - HALF TEMPO)**

**KICK BALL POINTS AND SWITCH**

- 1&2 Kick right forward, step on right, point left toe to left side  
3&4 Kick left forward, step on left, point right toe to right side  
&5 Step on right, point left toe to left side (point right hand up to right diagonal and left hand down to left diagonal)  
&6 Step on left, point right toe to right side (point right hand down to left diagonal and left arm across front of body pointing to right diagonal)  
&7 Step on right, point left toe to left side (point right hand up to right diagonal and left hand down to left diagonal)  
&8 Step on left, point right toe to right side (point right hand down to left diagonal and left arm across front of body pointing to right diagonal)
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