

Fantasy

拍數: 64 牆數: 4 級數: Advanced
編舞者: Phil Austin (UK)
音樂: Fantasy - George Michael



KICK, CROSS, TOUCH, STEP, TOUCH, STEP, TOUCH, KICK, STEP, TOUCH, KICK, ¼ TURN, STEP

1&2& Kick right forward, cross right over left, touch left to side, step left to right
3&4 Touch right to side, step right to left, touch left to side
5&6 Kick left forward, step left to right, touch right to side
7&8 Kick right forward, pivot ¼ turn to right and step onto right, step forward left

ROCK, RECOVER, TOUCH, ½ TURN, CROSS, COASTER STEP, OPTIONAL

1&2 Rock forward right, recover weight onto left, touch right toe back
3-4 Pivot ½ turn over right shoulder on left foot, cross right over left
5&6 Step back left, step right to left, step forward left
7-8 Bump/snake roll/body roll/whatever as long as you don't move and your weight remains the same

ROCK, RECOVER, TOGETHER, STEP, STEP, BODY ROLL, SIDE, SWITCH, BODY ROLL

1-2 Rock forward right, recover weight onto left
3&4 Step right to left, step forward left, step forward right (shoulder width apart)
5-6 Angle body to left and roll shoulders then chest then stomach down
&7-8 Step left to right, step right to side and do another body roll over these two counts

ROCK, RECOVER, TOUCH, ½ TURN, CROSS, COASTER STEP, OPTIONAL

1&2 Rock forward left, recover weight onto right, touch left toe back
3-4 Pivot ½ turn over left shoulder on right foot, cross left over right
5&6 Step back right, step left to right, step forward right
7-8 Bump/snake roll/body roll/whatever as long as you don't move and your weight remains the same

ROCK, RECOVER, STEP, TWIST, ½ TURN, TWIST, ROCK, RECOVER, STEP, TWIST, ½ TURN, TWIST

1&2 Rock forward left, recover weight onto right, step back left
3&4 Twist heels right, left, right, while making ½ turn over left shoulder, you shouldn't move from the spot
5&6 Rock forward right, recover weight onto left, step back right
7&8 Twist heels left, right, left, while making ½ turn over right shoulder, you shouldn't move off the spot

STEP ¼ TURN, BEHIND, STEP, CROSS, STEP, BEHIND, POINT, BEHIND, STEP, CROSS, STEP, TOUCH

1-2 Step forward left and pivot ¼ turn to right, cross right behind left
&3&4 Step left to left side, cross right over left, step left to left side, cross right behind left
5-6& Point left to left side, cross left behind right, step right to right side
7&8 Cross left over right, step right to right side, touch left next to right

ROCK, RECOVER, CROSS, SIDE, BEHIND, ROCK, RECOVER, BEHIND, SIDE, CROSS ¼ TURN

1-2 Rock left to side, recover weight onto right
3&4 Cross left over right, step right to side, cross left behind right
5-6 Rock right to side, recover weight onto left
7&8 Cross right behind left, step left to side, cross right over left and pivot ¼ turn to left

BUMP UP, BUMP DOWN, BUMP UP, BUMP DOWN, STOMP, HOLD, DOWN AND UP

- 1&2 Step forward left and bump hips forward, bump hips back, bend knees and bump hips forward
- &3&4 Straighten knees and bump hips back, bump hips forward, bump hips back, band knees and bump hips forward
- &5-6 Straighten knees, stomp forward right, hold
- &7&8 Bend knees, stick bum out slightly as if sitting down, straighten knees, put weight onto left foot (this should look like a small, jerky body roll)

REPEAT
