

# F & F Cha (P)

拍數: 40      牆數: 0      級數: Partner  
編舞者: Fred Wade & Fran Wade  
音樂: Unknown



**Position: Closed "Two-Step" Position**  
**Footwork is for man, opposite for lady.**

- 1-2            Step forward left, then right.  
3&4            Shuffle forward left-right-left (man raises lady's arm).
- 5-6            Step forward right, then left (lady turns  $\frac{1}{2}$  to the right & ends on man's left side).  
7&8            Shuffle forward right-left-right (man extends right hand across to lady to meet lady's left hand, both turn slightly toward each other).  
9-10           Touch hands, step forward left, then right (man starts to cross in front of lady, under his right arm releasing his left & her right hand).
- 11&12           Shuffle forward left-right-left (lady is now on man's right).  
13-14           Step slightly forward right, then left (man raises right arm, lady turns to right & backward, under man's left arm using full steps).  
15&16           Shuffle forward right-left-right (lady ends turn, holding hands).  
17-18           Step forward left, then right.  
19&20           Shuffle forward left-right-left (lady makes full turn to the left).  
21-22           Step right to right side, step left behind right.
- 23&24           Slight shuffle to right side right-left-right.  
25-26           Rock on left to left side (both turn  $\frac{1}{4}$  to right, extend left toward wall & dip), rock back on right.  
27&28           Shuffle in place left-right-left (both turn  $\frac{1}{4}$  left).  
29-30           Step forward right, then left.  
31&32           Shuffle forward right-left-right (lady makes full turn to the right).  
33-34           Step left to left side, step right behind left.  
35&36           Slight shuffle to left side left-right-left.
- 37-38           Rock on right to inside (both turn  $\frac{1}{4}$  to left, extend right toward center & dip), rock back on left.  
39&40           Shuffle in place right-left-right (man turns  $\frac{1}{4}$  to right, lady makes  $\frac{1}{2}$  turn to face LOD).  
41-42           Step forward left, then right.  
43&44           Shuffle forward left-right-left.  
45-46           Step forward right & both pivot  $\frac{1}{2}$  turn (man-right, lady-left).  
47&48           Shuffle forward right-left-right.
- 49-50           Step forward left (man pivots  $\frac{1}{2}$  to face lady), step forward right.  
51&52           Shuffle forward left-right-left.  
53-54           Step forward right, then left.  
55&56           Shuffle forward right-left-right.

**REPEAT**