

F & F Cha (P)

拍數: 40 牆數: 0 級數: Partner
編舞者: Fred Wade & Fran Wade
音樂: Unknown



Position: Closed "Two-Step" Position
Footwork is for man, opposite for lady.

- 1-2 Step forward left, then right.
3&4 Shuffle forward left-right-left (man raises lady's arm).
- 5-6 Step forward right, then left (lady turns $\frac{1}{2}$ to the right & ends on man's left side).
7&8 Shuffle forward right-left-right (man extends right hand across to lady to meet lady's left hand, both turn slightly toward each other).
9-10 Touch hands, step forward left, then right (man starts to cross in front of lady, under his right arm releasing his left & her right hand).
- 11&12 Shuffle forward left-right-left (lady is now on man's right).
13-14 Step slightly forward right, then left (man raises right arm, lady turns to right & backward, under man's left arm using full steps).
15&16 Shuffle forward right-left-right (lady ends turn, holding hands).
17-18 Step forward left, then right.
19&20 Shuffle forward left-right-left (lady makes full turn to the left).
21-22 Step right to right side, step left behind right.
- 23&24 Slight shuffle to right side right-left-right.
25-26 Rock on left to left side (both turn $\frac{1}{4}$ to right, extend left toward wall & dip), rock back on right.
27&28 Shuffle in place left-right-left (both turn $\frac{1}{4}$ left).
29-30 Step forward right, then left.
31&32 Shuffle forward right-left-right (lady makes full turn to the right).
33-34 Step left to left side, step right behind left.
35&36 Slight shuffle to left side left-right-left.
- 37-38 Rock on right to inside (both turn $\frac{1}{4}$ to left, extend right toward center & dip), rock back on left.
39&40 Shuffle in place right-left-right (man turns $\frac{1}{4}$ to right, lady makes $\frac{1}{2}$ turn to face LOD).
41-42 Step forward left, then right.
43&44 Shuffle forward left-right-left.
45-46 Step forward right & both pivot $\frac{1}{2}$ turn (man-right, lady-left).
47&48 Shuffle forward right-left-right.
- 49-50 Step forward left (man pivots $\frac{1}{2}$ to face lady), step forward right.
51&52 Shuffle forward left-right-left.
53-54 Step forward right, then left.
55&56 Shuffle forward right-left-right.

REPEAT