

Family Affair

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Debi Dillow (USA) & Jeremiah Dillow (USA)
音樂: Family Affair - Mary J. Blige



HEEL, TOE, RUN, RUN, RUN, MAMBO FORWARD, ROCK BACK, ½ TURN LEFT, STEP

1&2 Touch left heel forward, touch left toe back
3&4 Walk forward left right left
5&6 Rock right foot forward, step left foot in place, step right foot beside left
7&8 Rock left foot back, shift weight to right foot turning ½ left, step left foot forward

SIDE ROCK CROSS, SIDE ROCK CROSS, TWIST & FLICK, TWIST & FLICK

9&10 Rock right foot to right side, step left foot in place, step right foot across left
11&12 Rock left foot to left side, step right foot in place, step left foot across right
13&14 Step out to right side twisting both heels right, twist both heels left, twist right flicking left foot back
15&16 Step out to left side twisting both heels left, twist both heels right, twist left flicking right foot back

PUSH TO THE BACK ½ TURN LEFT, PUSH TO THE FRONT, SAILOR KICK, SAILOR KICK

17&18 Step right foot forward, step left foot beside right, step right foot forward turn ½ left (push hands in upward motion)
19&20 Step left foot forward, step right foot beside left, step left foot forward (push hands in upward motion)
21&22 Cross right foot behind left, step left to left side, step right forward kicking left to side
23&24 Cross left foot behind right, step right to right side, step left forward kicking right to side

TOUCH BACK, TOUCH FRONT, HITCH ¼ TURN LEFT STEP, SIDE MAMBO LEFT, SIDE MAMBO RIGHT, SHIFT TO THE LEFT

25-26 Touch right toe back, touch right heel forward
27-28 Hitch right foot up turn ¼ left, step right foot in place
29&30 Rock left foot out to left side, step right foot in place, step left foot beside right foot
31&32 Rock right foot out to right side, step left foot out to left side, pull right foot next to left foot and place weight on right foot

REPEAT