Fallsview Walk



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Johnny Montana (USA) 音樂: You Walked In - Lonestar



SIDE ROCK, STEP, SHUFFLE (CHA-CHA)

1-2 Step onto right foot to right side and rock, step (replace weight) onto left foot

3&4 Cross right foot over left and shuffle to left side right, left, right

Angle body to left (1/8 turn) and maintain feet in crossed position while doing counts 3 & 4. It is optional to either cha-cha in place after the crossing or travel to left (shuffle)

SIDE ROCK, STEP, SHUFFLE (CHA-CHA)

5-6 Step onto left foot to left side and rock, step (replace weight) onto right foot

7&8 Cross left foot over right and shuffle to right side left, right, left

Angle body to right (1/8 turn) and maintain feet in crossed position while doing counts 7 & 8. It is optional to either cha-cha in place after the crossing or travel to left (shuffle)

WALK, WALK, STEP, TURN

9-10 Make a 1/8 turn to right (now facing wall 1/4 turn to right from original wall) and step forward

onto right foot, step forward onto left foot

11-12 Step forward onto right foot, pivoting on soles of both feet make a ½ turn to left (to the left)

and transfer weight to left foot

STEP, STEP, DRAG/LOCK, STEP, STEP, DRAG/LOCK

&13-14 Step slightly back onto sole of right foot, take a long step diagonally left onto left foot, drag

right foot up to behind left foot and step on sole of right foot (keep weight on both feet and do

not allow heel to lower)

&15-16 Step slightly back onto sole of left foot, take a long step diagonally right onto right foot, drag

left foot up to behind right foot and step on sole of left foot (keep weight on both feet and do

not allow heel to lower)

STEP, STEP, DRAG/LOCK, STEP, STEP, DRAG/LOCK

&17-18 Step slightly back onto sole of right foot, take a long step diagonally left onto left foot, drag

right foot up to behind left foot and step on sole of right foot (keep weight on both feet and do

not allow heel to lower)

&19-20 Step slightly back onto sole of left foot, take a long step diagonally right onto right foot, drag

left foot up to behind right foot and step on sole of left foot (keep weight on both feet and do

not allow heel to lower)

PIVOT, HIP SHAKES

21-22 Pivoting on soles of both feet start to make a ½ turn to left (to the left), finishing ½ turn left

lower both heels to floor

&23&24 Bending slightly to allow butt to protrude shake hips to right, left, right, left

GRAPEVINE RIGHT, SIDE COASTER STEP

25-26 Step to right side onto right foot, cross left foot behind right and step

27&28 Step to right side onto right foot, step onto sole of left foot slightly behind right, crossing right

foot over left step to left side onto right foot

GRAPEVINE LEFT, SIDE COASTER STEP

29-30 Step to left side onto left foot, cross right foot behind left and step

31&32 Step to left side onto left foot, step onto sole of right foot slightly behind left, crossing left foot

over right step to right side onto left foot