

Falling Apart

拍數: 56 牆數: 2 級數: Intermediate
編舞者: Maggie Muir (UK)
音樂: She's Taking It Well - Kevin Sharp



VAUDEVILLE HOPS TWICE, RIGHT SHUFFLE, STEP ½ PIVOT RIGHT

&1 Step left slightly back left, cross right over left
&2 Step left diagonally back left, touch right heel forward
&3 Step right slightly back right, cross left over right
&4 Step right diagonally back right, touch left heel forward
& Bring left foot into meet right
5&6 Step right foot forward, close left beside right, step forward right
7-8 Step forward left, pivot ½ turn right

STEP ½ PIVOT RIGHT (HOOKING RIGHT) RIGHT SHUFFLE, SYNCOPATED PADDLE TURNS X 4

9-10 Step forward left, pivot ½ turn right hooking right foot over left shin
11&12 Step right foot forward, close left to meet right, step forward right
&13 Hitch left and make a ¼ turn right, point left to left side
&14 Hitch left and make a ½ turn right, point left to left side
&15 Hitch left and make a ½ turn right, point left to left side
&16 Hitch left and make a ½ turn right, point left to left side

If you do not like spins, just make ¾ turn in total on these paddle turns

CROSS ROCK, SYNCOPATED WEAVE TURNING ¼ RIGHT, STEP ½ PIVOT RIGHT

& Bring left foot into place
17-18 Cross right foot over left taking weight onto right, rock back onto left
&19 Step right to right side, cross left over right
20 Step right to right side
21 Cross left behind right
22 Step right to right side turning ¼ right
23-24 Step forward left, pivot ½ turn right taking weight onto right

SYNCOPATED LEFT AND RIGHT LOCK STEPS DIAGONALLY FORWARD, SWEEPING STEPS BACK

25-26 Step left diagonally forward left, lock right behind
&27 Step left beside right, step right diagonally forward right, lock
28 Left behind right
29 Sweep right foot around to the right stepping back right
30 Sweep left foot around to the left stepping back left
31 Sweep right foot around to the right stepping back right
32 Sweep left foot around to the left bringing left back to place

CROSS ROCK, RIGHT CHASSE ¼ TURN RIGHT, LEFT ROCK STEP, LEFT COASTER

33-34 Cross right foot over left taking weight onto right, rock back onto left
35&36 Step right to right side, close left beside right, step right to right turning ¼ right
37-38 Rock forward on left, rock back onto right
39&40 Step back left, step right beside left, step forward left

ROCK STEP, ½ TURN SHUFFLE RIGHT, SYNCOPATED WEAVE RIGHT

41-42 Rock right forward right, rock back onto left
43&44 Shuffle step ½ turn right (right, left, right)
45 Cross left over right

- &46 Step right to right side, cross left behind right
- &47 Step right to right side, cross left over right
- 48 Point right to right side

HAND MOVEMENTS, RIGHT ROCK STEP, 1 ¼ TRIPLE TURN RIGHT

The first 4 counts to this section are done on the lyrics 'my heart's breaking', Step back onto your right on beat 49, Lean back slightly onto your right side on beats 50 and 51, Straighten up taking weight back onto left 52, The arm movements are done at the same time moving the body to make it more dramatic

- 49 Pull both hands in together almost touching your waist
- 50 Put your right hand on your heart
- 51 Cross arms in front of you touching opposite shoulders
- 52 Lower hands (sharply) so they are at 4 and 8:00
- 53-54 Rock forward onto right, rock back onto left
- 55&56 Over your right shoulder triple step in place turning 1 ¼ (right left right)

REPEAT

TAG

Performed twice, after the second and fourth walls (facing front)

LEFT FORWARD ROCK STEP, LEFT COASTER, RIGHT FORWARD ROCK STEP SHUFFLE ½ TURN RIGHT

- 1-2 Rock forward onto left, rock back onto right
- 3&4 Step back left, close right beside left, step left foot forward
- 5-6 Rock forward onto right, rock back onto left
- 7&8 Shuffle step ½ turn right stepping right, left, right
- 9-16 Repeat counts 1-8

To complete the dance cross left over right and unwind a full turn to finish
