

Falling

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mike Hitchen (UK) & Beatrice (UK)
音樂: Sentimental - Kym Marsh



WALK WALK MAMBO STEP COASTER STEP ROCK STEP

1-2 Walk right, walk left
3&4 Forward on right, step left together, step back on right
5&6 Step left back, step right together, step forward on left
7-8 Rock forward on right, rock back on left

1 ½ TRIPLE TURN ROCK STEP COASTER STEP SIDE ROCK

1&2 Turn 1 ½ turns on a right, left, right to your right
3-4 Rock forward on left, rock back on right
5&6 Step back on left, step right together, step forward on left
7-8 Rock right to right side, replace weight on left

BEHIND AND CROSS SIDE ROCK SAILOR ¼ TURN STEP ¾ TURN

1&2 Step right foot behind left, step left foot back, cross right over left
3-4 Rock left to left side, replace weight on right
5&6 Left sailor ¼ turn right
7-8 Step right forward, ½ turn left

SIDE SHUFFLE LEFT ROCK & STEP RIGHT ROCK & STEP, STEP LEFT ½ TURN & TOUCH

1&2 Step right, ¼ turn right step left together, step right to right
3&4 Rock left behind right, replace weight, step left to left side
5&6 Rock right behind left, replace weight, step right to right side
7&8 Step left, ½ turn right, touch right across left

STEP LOCK STEP, STEP TURN STEP SWAY SWAY CROSS BACK SIDE

1&2 Step right forward, lock left behind step, right forward
3&4 Step left forward, pivot ½ turn right, step left forward
5-6 Step right to right side swaying hips to the right, sway hips left
7&8 Cross right over left, step left back, right to right

STEP ¼ TURN ¾ TRIPLE TURN STEP ½ TURN CROSS SHUFFLE

1-2 Step left ¼ turn left, step right to right side
3&4 Turn ¾ triple turn left on a left, right, left
5-6 Step right forward, pivot ½ turn left
7&8 Cross right over left, step left to left, cross right over left

STEP TOUCH KICK BALL CROSS STEP HOLD LEFT SAILOR

1-2 Step left to left, touch right next to left
3&4 Kick right, forward step on right, cross left over right
5-6 Step right to right side, hold for 1 count
7&8 Step left behind right, step right to right side, step left to left side

RIGHT SAILOR 2 HALF TURNS RIGHT, LEFT SHUFFLE

1&2 Step right behind left, step left to left side, step right to right side
3-4 Step left, pivot ½ turn right
5-6 Step left, pivot ½ turn right

7&8 Step left forward, step right together, step left forward

REPEAT

TAG

After end of 4th wall

JAZZ BOX & STEP HOLD & STEP & STEP

1-2 Cross right over left, step left back

3-4 Step right to right side, step left forward

&5-6 Step right to left step, left forward & hold

&7&8 Step right to left, step left forward, step right to left, step left forward
