

Fall

拍數: 40
編舞者: Gaye Teather (UK)
音樂: Fall - Clay Walker

牆數: 2

級數: Intermediate nightclub



SIDE LUNGE AND TOUCH, FULL ROLLING TURN RIGHT, ROCK AND HALF TURN LEFT, STEP, HALF TURN LEFT, STEP

- 1&2 Rock (lunge) to right on right, recover onto left, touch right beside left
3&4 ¼ turn right stepping forward on right, ½ turn right stepping back on left, ¼ turn right stepping right to right side (12:00)
5&6 Rock forward on left, recover onto right, ½ turn left stepping forward on left
7&8 Step forward on right, pivot ½ turn left, step forward on right (12:00)

FORWARD ROCK, SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK & CROSS TWICE

- 1&2& Rock forward on left, recover onto right, rock left to left side, recover onto right
3&4 Cross left behind right, step right to right, cross left over right
5&6 Rock right to right, recover onto left, cross right over left
7&8 Rock left to left, recover onto right, cross left over right

MAMBO FORWARD, COASTER STEP (OR TRIPLE FULL TURN) ROCK & ½ TURN RIGHT & WALK RIGHT, LEFT

- 1&2 Rock forward on right, recover onto left, step back on right
3&4 Step back on left, step right beside left, step forward on left
Steps 3&4 can be replaced with a triple full turn left
5&6 Rock forward on right, recover onto left, ½ turn right stepping forward on right (6:00)
& Step left beside right
7-8 Walk forward right, left

SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS, SIDE, RIGHT CROSS ROCK & SIDE, LEFT CROSS ROCK & SIDE

- 1&2& Rock right to right, recover onto left, rock back on right, recover onto left
3&4 Rock right to right, recover onto left, cross right over left
& Step left to left side
5&6 Cross rock right over left, recover onto left, step right to right
7&8 Cross rock left over right, recover onto right, step left to left

CROSS, ¼ TURN RIGHT & HEEL & WALK, WALK, ROCK & ¼ TURN LEFT, TOGETHER, SIDE, DRAG

- 1&2 Cross right over left, ¼ turn right stepping back on left, touch right heel forward
& Step right beside left
3-4 Walk forward left, right
5&6 Rock forward on left, recover onto right, ¼ turn left stepping left to left side (6:00)
& Step right beside left
7-8 Long step to left on left, drag right to touch beside left

REPEAT

TAG

At the end of wall 2 - facing 12:00

- 1-4 Rock right to right side, recover onto left, rock back on right, recover onto left