

Faith's Heart

拍數: 48 牆數: 4 級數: Improver
編舞者: Joy Ashton (UK)
音樂: If My Heart Had Wings - Faith Hill



HITCH ¼ TURN LEFT, SIDE TOE TOUCH, X 4

&1 Hitch right knee making ¼ turn left, point right to right side
&2&3&4 Repeat & 1 a further three times to complete a full turn left
5&6 Step forward right, lock left behind right, step forward right
7-8 Rock forward on left, rock back onto right

BACK LOCK STEP, TOUCH BACK, REVERSE ½ PIVOT RIGHT

9&10 Step back left, lock right across left, step back left
11-12 Touch right toe back, reverse pivot ½ turn right
13&14 Step forward left, lock right behind left, step forward left
15&16 Step forward right, lock left behind right, step forward right

HITCH ¼ TURN LEFT, SIDE TOE TOUCH, X 4

&17 Hitch left knee making ¼ turn right, point left to left side
&18&19&20 Repeat &17 a further three times to complete a full turn right
21&22 Step forward left, lock right behind left, step forward left
23&24 Rock forward on right, rock back onto left

BACK LOCK STEP, TOUCH BACK, REVERSE ½ PIVOT LEFT

25&26 Step back right, lock left across right, step back right
27-28 Touch left toe back, reverse pivot ½ turn left
29&30 Step forward right, lock left behind right, step forward right
31&32 Step forward left, lock right behind left, step forward left

RIGHT KICK BALL CROSS TWICE, SIDE RIGHT, HOLD, SIDE RIGHT, TOUCH LEFT

33&34 Kick right forward, step right beside left, cross left over right
35&36 Kick right forward, step right beside left, cross left over right
37-38 Step right to right side, hold
&39-40 Close left beside right, step right to right side, touch left beside right

ROLLING 1 & ¼ TURN LEFT, SCUFF, RIGHT & LEFT LOCKS FORWARD

41 Step left ¼ turn left
42 On ball of left make ½ turn left, stepping right back
43 On ball of right make ½ turn left, stepping left forward
44 Scuff right forward
45&46 Step forward right, lock left behind right, step forward right
47&48 Step forward left, lock right behind left, step forward left

REPEAT