

Faint

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kash Bane (UK)
音樂: Faint - LINKIN PARK



CROSS, POINT, CROSS, SWEEP, CROSS, STEP, ¼ STEP, START OF FULL TURN

- 1-2 Cross left foot over right, point right toe to right side
- 3-4 Cross right foot over left, sweep left foot out and round in front of right
- 5 Cross left over right
- 6 Step back on right foot
- 7 Make a ¼ turn left stepping forward on left
- 8 Make a ½ turn over left shoulder stepping back on right

END OF FULL TURN, SECOND FULL TURN, POINT, KNEE POP, KNEE ROLL, STOMP, TOUCH

- 1 Make a further ½ turn over left shoulder stepping forward on left foot
- 2-3 Make a ½ turn over left shoulder stepping back on right, make a further ½ turn over left shoulder stepping forward on left foot
- 4 Point right toe to right side
- 5 Pop right knee inwards towards left leg
- 6 Roll right knee out to right side making a ¼ turn right
- 7 Stomp left foot forward
- 8 Tap right toe forward

½ PIVOT TURN, FULL SPIRAL, STEP OUTS, PRESS, PUSH, ¼ CHASSE

- 1 Pivot a ½ turn over right shoulder
- 2 On ball of right foot complete a full turn while hooking left leg behind right shin
- 3-4 Step back to left diagonal on left foot, step back to right diagonal on right foot
- 5-6 Press forward on right foot by placing full weight onto ball of right, release by pushing back off right
- 7&8 Make a ¼ turn right by stepping right to right side, close left foot next to right, step right foot to right side

KICK AND CROSS, STEP, ¾ TURN, ROCK, COASTER STEP

- 1-2 Make a ¼ turn right on ball of right foot and kick left foot forward by scuffing past right foot, cross left foot over right
- 3 Step back on right
- 4 Make a ¾ turn over left shoulder by stepping left foot forward
- 5-6 Rock forward on right foot, recover onto left foot
- 7&8 Step back on right foot, step left next to right, step forward on right foot

REPEAT

RESTART

On wall 2 - dance up to count 16 and replace the right toe touch with a right step back, then restart the dance
On wall 5 - dance up to count 20 then restart the dance
On wall 8 - dance up to count 20 then restart the dance

TAG

After walls 3 and 6

LEFT ROCK, STEP, RIGHT ROCK, STEP

- 1-2 Rock left foot out to left side, recover onto right foot
- & Step left foot next to right foot

3-4 Rock right foot out to right side, recover onto left foot
& Step right foot next to left

Now restart the dance by crossing left over right

ALTERNATE ENDING

There is an extra 4 counts at the end, hold for four counts posing with attitude
