

The Fadia Kick

拍數: 46 牆數: 4 級數:
編舞者: Dan Testa (USA) & Fadia Phillip
音樂: Kick a Little - Little Texas



KICKS

- 1-2 Touch right heel forward, touch right toe behind
- 3-4 Step right in place, kick left foot forward and clap
- 5-6 Touch left heel forward, touch left toe behind
- 7-8 Step left in place, kick right foot forward and clap

- 9-10 Step right to right, kick left diagonally towards right and clap
- 11&12 Side shuffle to left (left, together, left)
- &13 Step right next to left; step left to left
- 14 Stomp right without weight and clap

SHUFFLES AND STEP PIVOTS

- 15&16 Right shuffle forward
- 17&18 Left shuffle forward
- 19-20 Step right, pivot left ½ turn to the left

- 21&22 Right shuffle forward
- 23&24 Left shuffle forward
- 25-26 Step right, pivot left ½ turn to the left

Slaps

- 27 Step right
- 28 Kick left leg in front of body and slap the left inside ankle with right hand
- 29 Step left
- 30 Kick right leg behind body and slap the right inside ankle with left hand
- 31&32 Cha-cha-cha in place right-left-right

- 33 Step left
- 34 Kick right leg in front of body and slap the right inside ankle with left hand
- 35 Step right
- 36 Kick left leg behind body and slap the left inside ankle with right hand
- 37&38 Cha-cha-cha in place left-right-left

TURNING VINE RIGHT WITH A SCUFF, VINE LEFT WITH A STOMP

- 39-40 Step right to right, step left behind right
- 41-42 Step right to right with a ¼ turn right, scuff left
- 43-44 Step left to left, step right behind left
- 45-46 Step left to left, stomp right without weight

REPEAT

This dance was originally a 48 count dance. The 48 count version works well with songs other than "Kick A Little". The 48 count sheet is the same as the one above with one change. Remove counts 9 and 10 and replace with the following

- 9-10 Step right to right, step left behind right
- 11-12 Step right to right, kick left diagonally towards right and clap

If you would like to do the 48 count dance to "Kick A Little", it works well as a phrased dance. For the A phrase, use the 48 count version immediately above. For the B phrase, you can use any four counts provided that weight ends up on the Left foot and the step does not travel. I used the following B phrase:

1& Touch right heel forward, step right in place

2& Touch left heel forward, step left in place

3& Touch right heel forward, step right in place

4& Touch left heel forward, step left in place

The phrases are done in the order AAAB AAAB AAAB A

This phrasing works for the version of "Kick A Little" on Little Texas' Greatest Hits album. Start dancing when the vocals start.
