

# Faded

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Marilynne Delurey (CAN)  
音樂: Faded - Soul Decision



## HEEL & HEEL & WALK, WALK, RIGHT TOE ¼TURN, RIGHT KNEE ROLL

- 1&2      Touch right heel forward, quickly step back on right and touch left heel forward, quickly step back on left
- &3-4      Walk forward right, walk forward left
- 5-6      Bring right toe beside left instep then make a ¼turn to the right (weight still on left)
- 7&8      Roll right knee twice (to the right) put weight on right

## LEFT KNEE ROLL, RIGHT HEEL FORWARD, RIGHT TOE BACK, ½ TURN STEP BACK RIGHT, LEFT AND BODY ROLL

- 9&10      Roll left knee twice (to the left) put weight on left
- 11-12      Right heel forward, right toe back
- 13-14      ½ turn right
- 15&16      Step back right, then left, body roll, (when stepping back start to roll your body upwards, moving from legs to head)

## SIDE SHUFFLE RIGHT AND LEFT, ROCK AND CROSS RIGHT, ROCK AND CROSS LEFT, ¼ TURN

- 17&18      Side shuffle right, left, right
- 19&20      Side shuffle left, right, left
- 21&22      Rock forward on right recover weight on left, step on right
- 23&24      Rock forward on left recover weight on right, step on left making a ¼ turn to the left

## ¼, ¼ PADDLE TURN LEFT KICK AND CROSS SIDE SHUFFLE RIGHT, & ¼ TURN, COASTER

- 25&26&      Paddle turn (point right toe out to right side, push off with right foot, hitch right leg up while making a ¼ turn to the left)
- 27&28      Kick right foot forward, cross left over right
- 29&30      Side shuffle right, left, right making a ¼ turn left
- 31&32      Coaster back, left foot back, right foot back, left foot forward,

## REPEAT

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