

Eyelands Of Gold

COPPER KNOB
BY SHEETS

拍數: 0 牆數: 0 級數:
編舞者: Liam Hrycan (UK) & Karen Jones (UK)
音樂: Eyes Like Yours (Ojos Así) - Shakira



Sequence: ABB, 16-Count Tag, ABB, A, 4-Count Tag, BB

SECTION A

RIGHT LONG SIDE STEP/LEFT DRAG, LEFT FORWARD ROCK (¼-RIGHT)/RECOVER, LEFT BACK/RIGHT LOCK/LEFT BACK, RIGHT BACK STEP (¼-RIGHT)

- 1-2 Long step right foot to right side, slide left foot towards right foot
- 3-4 Make a ¼ turn right and rock left foot forward, recover weight back onto right foot
- 5-6 Step left foot back, lock step right foot over left
- 7-8 Step left foot back, step right foot back a ¼ turn right

LEFT SLOW CROSS ROCK (2 COUNTS)/RECOVER, FULL TURN LEFT (3 COUNTS), RIGHT CROSS ROCK/RECOVER

- 9-10 Slow cross rock left foot over right for 2 counts (bend left knee and lean forward)
- 11 Recover weight back onto right foot
- 12 Step left foot to left side a ¼ turn left
- 13 Step right foot forward a ½ turn left
- 14 Step left foot back a ¼ turn left

Counts 4-6 make a full turn left, traveling to the left side (stepping left, right, left)

- 15-16 Cross rock right foot over left, recover weight back onto left foot
- 17-32 Repeat counts 1-16

RIGHT SIDE STEP, LEFT KICK-BALL-CROSS, LEFT KNEE ROLL/SIDE STEP (TWICE), RIGHT KICK-BALL-CROSS, RIGHT SIDE STEP (¼-RIGHT)

- 33 Step right foot to right side
- 34&35 Kick left foot to left diagonal, step ball of left foot slightly to left side, cross step right foot over left
- 36-37 Roll left knee out stepping left foot to left side twice
- 38&39 Kick right foot to right diagonal, step ball of right foot slightly to right side, cross step left foot over right
- 40 Step right foot to right side a ¼ turn right

LEFT TOUCH FORWARD/HOLD, (&) LEFT STEP (¼-RIGHT), RIGHT TOUCH FORWARD/HOLD, (&) RIGHT STEP, TOE SWITCHES FORWARD (LEFT & RIGHT &) AND BACK (&LEFT&), RIGHT TOUCH

- 41-42& Touch left toe forward, hold position, step left foot in place beside right making a ¼ turn right
- 43-44& Touch right toe forward, hold position, step right foot in place beside left
- 45& Touch left toe forward, step left foot in place beside right
- 46& Touch right toe forward, step right foot in place beside left
- 47& Touch left toe back, step left foot in place beside right
- 48 Touch right toe in place beside left foot
- 49-64 Repeat counts 33-48

SECTION B

The "a" counts in the next 16 counts are quarter counts. Imagine you are counting a song as 1&a2, 3&a4. That is exactly how these counts work, except in this case there is no "&" count. Also, take small steps on the "a" counts because they are very quick. If they're too quick for you, just do the "a" step on the "&" count instead

RIGHT CROSS-BALL-STEP (SAMBA BOTA FOGO), LEFT CROSS-BALL-STEP (SAMBA BOTA FOGO), RIGHT STEP, LEFT STEP/½ PIVOT RIGHT, LEFT SIDE STEP

- 1-a2 Cross step right foot over left, rock ball of left foot to left side, recover weight onto right foot
Alternative
 3-a4 Cross step left foot over right, rock ball of right foot to right side, recover weight onto left foot
Alternative
 1&2 Cross step right foot left, rock ball of left foot to left side, recover weight onto right foot
 3&4 Cross step left foot left, rock ball of right foot to right side, recover weight onto left foot
- 5 Step right foot forward
 6-7 Step left foot forward, pivot a ½ turn right
 8 Step left foot to left side
 9-16 Repeat counts 1-8

RIGHT CROSSING STEPS LEFT, LEFT SIDE ROCK/RECOVER, LEFT CROSS SHUFFLE RIGHT, RIGHT SIDE STEP (¼-RIGHT)

- 1&2&3 Cross step right foot over left, step left foot to left side, cross step right foot over left, step left foot to left side, cross step right foot left
 4-5 Rock left foot to left side, recover weight onto right foot
 6&7 Cross step left foot over right, step right foot to right side, cross step left foot over right
 8 Step right foot to right side a ¼ turn right

(¼-RIGHT) LEFT SIDE STEP, HOLD/CLAP (TWICE), RIGHT SIDE STEP, HOLD/CLAP (TWICE), FULL PADDLE TURN LEFT (LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT)

- 1&2 Make a ¼ turn right stepping left foot to left side, hold position and clap hands twice at head height
 3&4 Step right foot to right side, hold position and clap hands twice at head height
 5& Step left foot slightly to left side a ¼ turn left, step right foot behind left
 6& Step left foot slightly to left side a ¼ turn left, step right foot behind left
 7& Step left foot slightly to left side a ¼ turn left, step right foot behind left
 8 Step left foot slightly to left side a ¼ turn left

16 COUNT TAG

- 1-3 Walk forward - right, left, right
 4 Make a ½ turn right on ball of right foot, touching left toe in place beside right
 5 Step left foot back
 6&7 Kick right foot forward, step both feet slightly back and out to sides - right, left
 8 Hold position and clap hands
 9-16 Repeat counts 1-8

4 COUNT TAG

- &1 Stomp both feet slightly back and out to sides - right, left (keep weight primarily over left foot)
 2-3-4 Clap hands hard starting at waist height, chest height, and then above head height
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