

Extinction

拍數: 51 牆數: 2 級數: Improver waltz
編舞者: Jan Wyllie (AUS)
音樂: There's Nobody Home On the Range Anymore - Moe Bandy



- 1-2-3 Making $\frac{1}{2}$ turn left waltz forward left, right, left
4-5-6 Making a further $\frac{1}{4}$ turn left waltz back right, left, right
7-8-9 Waltz forward left, right, left
10-11-12 Step back on right, rock/step left to left, rock/return weight to right
- 13-14-15 Step left behind right, step right to right, step left to left
16-17-18 Step right behind left, step left to left, step right to right
19-20-21 Step left behind right, making $\frac{1}{4}$ right rock/step forward on right, rock back on left
22-23-24 Making $\frac{1}{4}$ right make a big step to side on right, slide left to right, hold (weight on right)
- 25-26-27 Waltz to the left (left, right, left) while making $\frac{3}{4}$ left (facing front wall)
28-29-30 Waltz back right, left, right while making $\frac{1}{4}$ turn left (overturn slightly preparing for next step)
31-32-33 Waltz forward left, right, left towards left diagonal
34-35-36 Step back on right straightening up to back wall (6:00 wall), touch left beside right, hold
- 37-38-39 Waltz forward left, right, left towards left diagonal
40-41-42 Step back on right straightening up to side wall (3:00), touch left beside right, hold
43-44-45 Step forward on left, step forward on right, pivot $\frac{1}{4}$ left transferring weight to left
46-47-48 Step forward on right, step forward on left, pivot $\frac{1}{2}$ right transferring weight to right
49-50-51 Step forward on left, slide left to right, step right beside left

REPEAT

TAG

After completing wall 3 please add the following steps before starting dance again from beginning

- 1-2-3 Waltz forward left, right, left
4-5-6 Waltz back right, left, right while making $\frac{1}{2}$ turn left to face the front
7-8-9 Waltz forward left, right, left
10-11-12 Waltz back right, left, right while making $\frac{1}{4}$ turn left (9:00)
13-14-15 Waltz forward left, right, left
16-17-18 Waltz back right, left, right while making $\frac{1}{4}$ turn left (back wall)

ENDING

The music slows at count 7. You are facing 3:00. Waltz forward slowly in time to the music. When you rock left at count 11 make it a $\frac{1}{4}$ left to the front and step back on 12. Then just step back and drag until music ends