

The Fool In Me

拍數: 72 牆數: 4 級數: Intermediate
編舞者: Anita Ellison (UK)
音樂: The Fool In Me - JW Houston



GRAPEVINE RIGHT, RAMBLE LEFT

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, step left together beside right
5-6 Swivel heels to left, swivel toes to left
7-8 Swivel heels to left, swivel toes to left

SYNCOPATED GRAPEVINE RIGHT, CROSS ROCK, TOE STRUT LEFT

9-10 Step right to right side, step left behind right
&11 Bring right foot next to left and cross left foot in front of right
12 Step right to right side
13-14 Rock back on left, rock forward onto right
15-16 STEP LEFT TOE TO SIDE (AT A SLIGHT ANGLE), DROP LEFT HEEL TAKING WEIGHT

JAZZ BOX, CHASSE LEFT, ROCK BACK

17-18 Cross right over left, step back left
19-20 Step right to side, hitch left beside right
21&22 Step left to left side, close right beside left, step left to left side
23-24 Rock back on right, rock forward on left

GRAPEVINE RIGHT WITH ¼ RIGHT TURN, SIDE TOE POINTS

25-26 Step right to right side, cross left behind right
27-28 Step right to right side with a ¼ turn right, step left together beside right
29-30 Point right toe to right side, step right beside left
31-32 Touch left toe to side, step left toe beside right

HEEL & TOE FANS, ROCK FORWARD, RECOVER & ROCK BACK, RECOVER

33-34 Swivel both heels out, swivel both toes out
35-36 Swivel both toes in, swivel heels in
37-38 Rock forward on right, rock back on left & switch weight from left foot to right foot
39-40 Rock back left, rock forward right

ROCK FORWARD LEFT, ROCK BACK RIGHT

47&48 Step back left, step together right, step forward left step, ½ pivot, step ½ turn right (twice),
rock left, left coaster back
41-42 Step forward left, pivot ½ turn onto right
43 On ball of right turn ½ turn right stepping back left
44 On ball of left turn ½ turn right stepping forward right

Steps 43-44 can be replaced with walk forward, left, right

SCUFF RIGHT, CROSS, STEP BACK, STEP RIGHT ¼ TURN, WEAVE RIGHT

49-50 Scuff right foot forward, cross right over left
51-52 Step back left, step right making a ¼ turn to right
53-54 Cross left over right, step right to right side
55-56 Cross left behind right, step right to right side

LEFT CROSS ROCK, STEP LEFT, CROSS RIGHT, HEEL BALL CROSS (TWICE)

57-58 Cross rock forward on left, rock back on right

59-60 Step left to side, cross right over left
61&62 Dig left heel to side, step left next to right, cross right over left
63&64 Dig left heel to side, step left next to right, cross right over left

ROCK LEFT, STEP RIGHT ¼ TURN, SHUFFLE FORWARD LEFT, TOE POINTS (TWICE)

65-66 Rock left to side, rock back right turning a ¼ turn to right
67&68 Step forward left, bring right next to left, step forward left
69-70 Point right toe to side, step right beside left
71-72 Point left toe to side, step left beside right

REPEAT
