

Fool Hearted

拍數: 48 牆數: 2 級數: Improver
編舞者: Jan Wyllie (AUS)
音樂: Fool Hearted Memory - George Strait



WALK WALK, ROCK & RETURN, ROCK & RETURN, STEP LOCK STEP

1-2 Walk forward left, right
3&4 Rock/step forward on left, rock back on right, step back on left
5&6 Rock/step back on right, rock forward on left, step forward on right
7&8 Step forward on left, lock/step right behind left, step forward on left

STEP PIVOT ½, SHUFFLE FORWARD, ½ SHUFFLE, ¼ ROCK RETURN

9-10 Step forward on right, pivot ½ left transferring weight to left
11&12 Shuffle forward right, left, right
13&14 Shuffle forward left, right, left making ½ turn right
15-16 Making ¼ right rock/step right to right side, rock/return weight sideways onto left

CROSS SHUFFLE, SIDE ROCK RETURN, CROSS HEEL JACKS, & CROSS HEEL JACKS

17&18 Cross/shuffle to the left right, left, right
19-20 Rock/step left to left, rock/return weight sideways onto right
21&22 Step left across right, step right beside left, touch left heel to left diagonal
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23&24 Step right across left, step left beside right, touch right heel to right diagonal

& ROCK RETURN, ½ SHUFFLE, ROCK RETURN, & HEEL & TAP

&25-26 Step right beside left, rock/step forward on left, rock back on right
27&28 Making ½ turn left (back over left shoulder) shuffle forward left, right, left
29-30 Rock/step forward on right, rock back on left
&31&32 Step back on right, touch left heel forward, step left beside right, tap right beside left

ROCK RETURN, ¼ ROCK RETURN, ½ SHUFFLE, ½ PIVOT

33-34 Rock/step forward on right, rock back on left
&35-36 Making ¼ left step right beside left, rock/step forward on left, rock back on right

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37&38 Making ½ turn left (back over left shoulder) shuffle forward left, right, left
39-40 Step forward on right, pivot ½ left transferring weight to left

CROSS SAMBA, CROSS SAMBA, STEP ACROSS TOUCH, & TOUCH & TOUCH

41&42 Step right across left, rock/step left to left, rock/return weight sideways onto right
43&44 Step left across right, rock/step right to right, rock/return weight sideways onto left
45-46 Step right across left, touch left toe to left side
&47 Step left beside right, touch right toe to right side
&48 Step right beside left, touch left toe to left side

REPEAT