

# Folsom Prison Blues

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Nadia Friel (AUS)  
音樂: Folsom Prison Blues - The Sunny Cowgirls



## FORWARD, TOGETHER, COASTER, PIVOT ½, PIVOT ½

1-2            Step right forward, step left beside right  
3&4           Coaster - step right back, step left beside left, step right forward  
5-8            Step left forward, pivot ½ right, step left forward, pivot ½ right

## TAP, HITCH, TAP, HITCH, SIDE SHUFFLE, TAP, HITCH, TAP, HITCH, SIDE SHUFFLE

1&2&          Tap left foot beside right, hitch left, tap left foot beside right, hitch left  
3&4            Shuffle left-right-left to left side  
5&6&          Tap right foot beside left, hitch right, tap right foot beside left, hitch right  
7&8            Shuffle right-left-right to right side

## CROSS, ¼ TURN, COASTER, SHUFFLE FORWARD, PIVOT ½ TURN

1-2            Step left across right, step right back turning ¼ left  
3&4            Coaster - step left back, step right beside left, step left forward  
5&6            Shuffle forward right-left-right  
7-8            Step left forward, pivot ½ right taking weight onto right

## SHUFFLE FORWARD, ¼ TURN, ½ TURN, CROSS, BACK, SIDE, SIDE CROSS, SIDE SIDE

1&2            Shuffle forward left-right-left  
3-4            Turn ¼ left and step right to right side, turn ½ left and step left to left side  
5&            Cross/step right across left, rock/replace weight to left  
6&            Step/rock right to right side, rock/replace weight to left  
7&8            Cross/step right across left, step left to left side, step right to right side

## ACROSS, ¼ TURN, COASTER, ½ TURN, ½, TURN

1-2            Step left across right, turn ¼ left and step right back  
3&4            Coaster - step left back, step right beside left, step left forward  
5-6            Step right forward, pivot ½ left changing weight to left  
7-8            Step right forward, pivot ½ left changing weight to left

## SIDE SHUFFLE, ROCK BACK AND FORWARD, SIDE SHUFFLE, ROCK BACK AND FORWARD

1&2            Side shuffle right-left-right to right side  
3-4            Step/rock left back, rock forward on right  
5&6            Side shuffle left-right-left to left side  
7-8            Step/rock right back, rock forward on left

## REPEAT

## RESTART

On 3rd wall (9:00 wall) change counts 43&44 to a coaster as follows

3&4            Coaster back - step left back, step right beside left, step left forward

On 4th wall (front wall) change counts 43&44 to a coaster as follows

3&4            Coaster back - step left back, step right beside left, step left forward

## ENDING

After first 2 counts of dance (forward, together) do a turning ¼ left coaster to the front as follows:

1&2            Step right back, turn ¼ left and step left to side, step right forward

You are now facing the front

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