

# Follow The Leader

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: William Ambrose (UK)  
音樂: Follow The Leader - LCD



## SIDE BEHIND, SIDE, CROSS, HEEL JACK, SIDE, CROSS SIDE, HEEL JACK, STEP

1-2            Step left to left side, cross right behind left  
&            Step left to left side  
3&4           Cross right over left, step left back, touch right heel diagonally forward  
&            Step right beside left  
5-6           Cross left over right, step right to right side  
&            Step left behind right  
7&8           Step right back, touch left heel diagonally forward left, step left beside right

## ROCK FORWARD, COASTER STEP, ROCK FORWARD, TRIPLE STEP ½

9-10           Rock forward on right, back on left,  
11&12        Step right back, step left beside right, step right forward  
13-14        Rock forward on left, back on right  
15&16        Triple step a ½ turn left stepping left, right, left

## HOPS TRAVELING FORWARD, PIVOT ¼, SAILOR STEP

17-18        (With both feet together) hop forward to right and left diagonals but keep facing the wall in front of you  
19&20        Continue another 3 times with the hops  
**To keep you stable extend your arms out to the sides or walk forward four steps**  
21-22        Step right forward, pivot a ¼ turn left  
23&24        Step right behind left, step left to left side, step right beside left

## 1 ½ TURN LEFT, OUT AND IN STEPS TRAVELING FORWARD

25-26        Step left a ½ turn left, on ball of left turn a ½ turn left stepping right to right side  
27&28        Triple step a ½ turn left stepping left, right, left  
&            Step right beside left  
29&30        Step left out to left side, step right out to right side, step left into center  
&            Step right into center  
31&32        Step left out to left side, step right out to right side, touch left beside right

## REPEAT

When the man starts saying clap and wave, on steps 21-24 use your right hand to circle to the right in front of your body. On steps 21 - 22 you should complete one revolution of your hand and on steps 23&24 two revolutions. Use this wave as many times as you like throughout the dance. Try the claps too if you can master them while dancing. Strike a pose at the end of the dance when he says "and freeze"