

# Follow Me

**COPPERKNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Improver  
編舞者: John Jordan (UK)  
音樂: Follow Me - Uncle Kracker



## WALK RIGHT LEFT AND HEEL AND STEP TWICE

1-2            Step forward right foot left foot  
&3&4        Step back on right foot, left heel forward on left diagonal, bring left foot back in place, step forward on right foot  
5-6            Step forward left foot, right foot  
&7&8        Step back on left foot, right heel forward on right diagonal, bring right foot back in place, step forward on left foot

## ROCK FORWARD BACK TRIPLE TURN ½ RIGHT TRIPLE TURN ½ RIGHT COASTER STEP

1-2            Rock forward onto right foot recover weight back onto left  
3&4            Make ½ turn to right stepping right, left, right  
5&6            Make ½ turn to right stepping left, right, left  
7&8            Step back on right foot, together with left foot and forward onto right

## WEAVE FRONT SIDE BEHIND ¼ TURN TO RIGHT STEP ½ TURN AND SHUFFLE

1-2-3-4        Step in front and across right foot with left. Step to side with right foot, step behind right foot with left, make ¼ turn right stepping onto right foot  
5-6            Step forward onto left foot turn ½ turn to right transferring weight onto right foot  
7&8            Shuffle forward left, right, left

## WEAVE FRONT SIDE, BEHIND SIDE, CROSS AND SIDE AND CROSS AND TOUCH

1-2-3-4        Step in front and across left foot with right, step to side with left foot, step behind left foot with right, step to left side with left foot  
5&6&        Rock onto right foot across front of left, recover weight onto left foot, step to right side on right foot, recover weight onto left foot rock  
7&8            Rock weight across front onto right foot, recover weight onto left foot, touch right foot next to left

**REPEAT**

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