

# Follow Me

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Mark A. Smith (AUS)  
音樂: Lost In the Shuffle - Michael Peterson



- 1-2      Touch right toe straight forward, touch right toe out to right side  
3-4      Pivot ½ turn right on ball of left foot ending weight on right, clap  
4-5      Touch left toe straight forward, touch left toe out to left side  
7-8      Pivot ½ turn left on ball of right foot ending weight on left, clap
- &9      Jump feet apart in place landing right foot first (right-left)  
10      Clap hands  
&11      Step left foot in beside right & then touch right toe out to right side  
12      Clap hands  
&13      Step left foot in beside right & then touch right toe out to right side  
&14      Switch to touch left toe out to left side  
&15      Switch to touch right toe out to right side  
&16      Touch right toe straight forward
- 17      Touch right toe out to right side  
18      Pivot ½ turn right ending weight on right foot beside left  
19      Touch left toe out to left side  
&20      Switch to touch right toe out to right side  
&21      Switch to touch left toe out to left side  
&22      Switch to touch right toe out to right side  
23&24      Shuffle left leading right foot across in front of left (right-left-right)
- 25&26      Shuffle left leading left (left-right-left)  
27      Rock backwards onto right foot  
28      Rock forward onto left foot  
29      Turn a ¼ turn right as you step forward onto right foot  
30      Hold  
31      Step forward onto left foot  
32      Pivot a ½ turn right ending weight on right foot with a clap  
33-40      Repeat steps 25 to 32 inclusive
- &41      Jump feet apart leading left foot first  
&42      Jump feet together leading left foot first  
43&44      Repeat steps &41-&42  
45      Step backwards onto right foot  
46      Step backwards onto left foot  
47      Step backwards onto right foot  
&48      Ball change (left-right)
- 49      Step forward onto left foot  
50      Step forward onto right foot  
51      Pivot ½ turn right on ball of right foot as you scuff your left foot forward thru  
52      Tap left toe straight behind  
53&54      Shuffle forward leading left (left-right-left)  
55      Step forward onto right foot  
56      Rock backwards onto left foot

&57            Jump feet apart leading right (right-left)  
58              Clap  
&59            Jump feet together leading right (right-left)  
60              Clap  
&61            Jump feet apart leading right (right-left)  
&62            Jump feet together leading right (right-left)  
&63&64        Repeat steps &61&62

**REPEAT**

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