

Follow Kelly

拍數: 32 牆數: 4 級數: Improver
編舞者: Kelly Murphy (UK)
音樂: Follow Me - Uncle Kracker



SHUFFLE FORWARD & ROCK, RECOVER, SHUFFLE BACK, ROCK. STOMP

1&2-3-4 Step forward on right, close left to right, step forward on right, rock forward on left, recover back on right
5&6-7-8 Step back on left, close right to left, step back on left, rock back on right, stomp left forward

STEP ½ PIVOT LEFT, RIGHT SHUFFLE, ROCK, RECOVER, LEFT COASTER STEP

1-2-3&4 Step forward on right, ½ pivot left, step right forward, close left to right, step right forward
5-6-7&8 Rock step left forward, recover back right, step back left, step right beside left, step forward left

POINT, STEP, POINT, STEP. TOE STRUT, TOE STRUT

1-4 Point right toe to right side, step right forward, point left toe to left side, step left forward
5-8 Right toe back, drop heel, left toe back, drop heel

KICK BALL CHANGE, STOMP, ¼ LEFT TURN, RIGHT SAILOR STEP LEFT SAILOR STEP

1&2-3-4 Kick right forward, step on right, step left beside right, stomp right forward, ¼ turn left
5&6-7&8 Right behind left, left to left side, step right in place, left behind right, right to right side left in place

REPEAT

RESTART

If dancing to "Follow Me" by Uncle Kracker or "Distant Thunder" by Barry Amato, on the 5th wall only, dance the first 16 counts, then start dance again.
