

F.M. Boots

拍數: 48 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Boys in Boots - Tania Kernaghan



2X FORWARD TOUCH-SIDE TOUCH-STEP BACK

1-2 Touch right toe forward, touch right toe to side
3-4 Step right foot behind left, touch left toe forward
5-6 Touch left toe to side, step right foot behind left

COASTER STEP, FORWARD DOUBLE TIME HEEL / TOE STRUTS, COASTER STEP

7&8 Step back onto right foot, step left foot next to right, step right foot forward
9-12 Double time heel/toe struts: left foot, right foot, left foot, right foot
13&14 Step back onto left foot, step right foot next to left, step left foot forward

2X SIDE TOUCH-TOGETHER, SIDE TOUCH

15-16 Touch right toe to side, step right foot back to center
17-18 Touch left toe to side, step left foot back to center
19 Touch right toe to side

SYNCOPATED FOOT SWITCHES, SYNC ½ TURN FOOT SWITCH, SYNC FOOT SWITCH

&20 Step right foot to center, touch left toe to side
&21 Step left foot to center, touch right toe to side
&22 Either jump and turn or spin ½ turn right, touch left toe to side
&23 Step left foot to center, touch right toe to side

DIAGONAL HEEL TOUCH, SYNCOPATED DIAGONAL HEEL SWITCHES-HEEL SWITCH WITH FORWARD STEP

24 Touch right heel diagonally forward left
&25 Step right foot to center, touch left heel diagonally forward right
&26 Step left foot to center, touch right heel diagonally forward left
&27 Step right foot to center, step left foot forward

FORWARD FULL TURN LEFT

28-29 Stepping forward right, left - turn one full turn left

SIDE TOUCH, 4X RIGHT BOOT SWINGS

30 Touch right foot to side
31-32 Hook right leg behind left - 'slap' foot with left hand, swing right leg to right side - 'slap' foot with right hand
33-34 Hook right leg in front of left - 'slap' foot with left hand, swing right leg to right side - 'slap' foot with right hand

STEP, 4X LEFT BOOT SWINGS, STEP

35 Step right foot to place (position as in count 30)
36-37 Hook left leg behind right - 'slap' foot with right hand, swing left leg to left side - 'slap' foot with left hand
38-39 Hook left leg in front of right - 'slap' foot with right hand, swing left leg to left side - 'slap' foot with left hand
40 Step left foot next to right

2X SHUFFLE'S FORWARD

41&42 Step forward onto right foot, step left foot next to right, step forward onto right foot
43&44 Step forward onto left foot, step right foot next to left, step forward onto left foot

KICK BALL-CHANGE WITH ¼ LEFT, KICK BALL-CHANGE

45&46 Kick right foot forward, with a ¼ turn left step right foot next to left, step right foot in place
47&48 Kick right foot forward, step right foot to place, step left foot in place

REPEAT
