

Flying Snakes & Monkeys

COPPER KNOB
BY STEPHEN BATES

拍數: 0 牆數: 0 級數:
編舞者: Ingemar Kardeskog (SWE)
音樂: How Bizarre - OMC



Sequence: AA, A(1-16), BA, A(1-32), BACC

Feel free to pick one or two parts and just dance thru. They all have the same pattern (start and ending wall). If you like to make the dance easier just dance Part A thru the dance. Whatever part you choose, make sure to restart after 16c on wall 3 and after 32c on wall 6. All parts are phrased to fit with restarts

PART A

DIAGONALLY FORWARD RIGHT, DIAGONALLY FORWARD LEFT, DIAGONALLY BACK, TOGETHER, TOUCH, TOGETHER, TOUCH, TOGETHER

1-4 Step diagonally forward right, Step diagonally forward left, Step diagonally back right, Step diagonally back left beside right

Arms:

1 Bend right arm fist up

2 Bend left arm fist up

3 Bend right arm fist down

4 Bend left arm fist down

5-8 Touch right to right side (heels out and funky arms), step right together, touch left to left side (heels out and funky arms), step left beside right

GRAPEVINE RIGHT, GRAPEVINE LEFT

1-4 Step right to right side, cross left behind right, step right to right side, touch left beside right

Right arm diagonally up right, left arm diagonally down left, head towards right

5-8 Step left to left side, cross right behind left, step left to left side, touch right beside left

Left arm diagonally up left, right arm diagonally down right, head towards left

STEP ½ TURN LEFT, STEP ½ TURN LEFT, MONTEREY ¼ TURN RIGHT

1-4 Step right forward, turn ½ left, step right forward, turn ½ left

5-8 Point right to right side, step right beside left turning ¼ right on right, point left to left side, step left beside right

Left arm bent point up, right arm down pointing down

DOROTHY STEPS X 3, STEP, TOUCH

1-2& Step right diagonally forward to right, lock left behind right, step right to right

3-4& Step left diagonally forward to left, lock right behind left, step left to left

5-6& Step right diagonally forward to right, lock left behind right, step right to right

7-8 Step left forward, touch right beside left

TOE STRUTS BACK X 4

1-4 Step right toes back, drop right heel, step left toes back, drop left heel - clicking fingers on heel drops

5-8 Repeat counts 1-4

RUN FULL TURN

1-8 On 8 counts, starting with your right, run full turn left in a circle ending on your left

PART B

CHASSE RIGHT, BACK, ROCK, CHASSE LEFT, BACK, ROCK

1&2 Step right to right side, close left beside right, step right to right side

3-4 Rock left behind right, recover to right

- 5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock right behind left, recover to left

SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

- 1-2 Rock right to right side, recover to left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover to right
7&8 Cross left over right, step right to right side, cross left over right

¼ LEFT, ¼ LEFT, CROSS, ¼ RIGHT, BACK, ROCK, ¼ LEFT, ½ LEFT

- 1-4 Turn ¼ left stepping right back, turn ¼ left stepping left to left, cross right over left, turn ¼ right stepping left back
5-8 Rock right back, recover to left, turn ¼ left stepping right to right side, turn ½ left stepping left to left side

CROSS, ¼ RIGHT, ¼ RIGHT, CROSS, ¼ LEFT, BACK, ROCK, ¼ RIGHT

- 1-4 Cross right over left, turn ¼ right stepping left back, turn ¼ right stepping right to right side, cross left over right
5-8 Turn ¼ left stepping right back, rock left back, recover to right, turn ¼ right stepping left to left side

½ RIGHT, CROSS, ¼ LEFT, BACK, ROCK, ¼ RIGHT, ¼ BACK, ROCK

- 1-4 Turn ½ right stepping right to right side, cross left over right, turn ¼ left stepping right back, rock left back
5-8 Recover to right, turn ¼ right stepping left to left side, turn ¼ right rocking right back, recover to left

TOE STRUTS FORWARD X4

- 1-4 Step right toes forward, drop heel, step left toes forward, drop heel - clicking fingers on heel drops
5-8 Repeat counts 1-4

PART C

TOE STRUTS FORWARD X4

- 1-4 Step right toes forward, drop heel, step left toes forward, drop heel - clicking fingers on heel drops
5-8 Repeat counts 1-4

CHASSE RIGHT, BACK, ROCK, CHASSE LEFT, BACK, ROCK

- 1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock left behind right, recover to right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock right behind left, recover to left

SIDE, ROCK, CROSS SHUFFLE, SIDE, ROCK, CROSS SHUFFLE

- 1-3 Rock right to right side, recover to left
3&4 Cross right over left, step left to left side, cross right over left
5-7 Rock left to left side, recover to right
7&8 Cross left over right, step right to right side, cross left over right

¼ LEFT, ¼ LEFT, CROSS, ¼ RIGHT, BACK, ROCK, ¼ LEFT, ½ LEFT

- 1-4 Turn ¼ left stepping right back, turn ¼ left stepping left to left, cross right over left, turn ¼ right stepping left back
5-8 Rock right back, recover to left, turn ¼ left stepping right to right side, turn ½ left stepping left to left side

CROSS, ¼ RIGHT, ¼ RIGHT, CROSS, ¼ LEFT, BACK, ROCK, ¼ RIGHT

1-4 Cross right over left, turn ¼ right stepping left back, turn ¼ right stepping right to right side, cross left over right

5-8 Turn ¼ left stepping right back, rock left back, recover to right, turn ¼ right stepping left to left side

½ RIGHT, CROSS, ¼ LEFT, BACK, ROCK, ¼ RIGHT, ¼ BACK, ROCK

1-4 Turn ½ right stepping right to right side, cross left over right, turn ¼ left stepping right back, rock left back

5-8 Recover to right, turn ¼ right stepping left to left side, turn ¼ right rocking right back, recover to left
