

# Flyin' High (P)

COPPER KNOB  
BY STEPHEN BATES

拍數: 32      牆數: 0      級數: Partner  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: We're Going to Ibiza! - Vengaboys



**Position: Challenge Position. Man faces OLOD and Lady faces ILOD. Partners on opposite footwork**

## HEEL ROCK, SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE, STEP TURN, TOGETHER

1-2      **MAN:** With feet in place, raise both hands up with palms out and fingers spread apart as you rock back onto heels of both feet, lifting up slightly on balls of both feet, rock forward onto balls of both feet bringing hands down and shift weight to right foot  
**LADY:** With feet in place, raise both hands up with palms out and fingers spread apart as you rock back onto heels of both feet, lifting up slightly on ball of both feet, forward onto balls of both feet bringing hands down and shift weight to left foot

**Man takes up lady's left hand in his right**

3-4      **MAN:** Step to the left on left foot; cross right foot behind left and step  
**LADY:** Step to the right on right foot; cross left foot behind right and step  
&      **MAN:** Pivot  $\frac{1}{4}$  turn to the left on ball of right foot  
**LADY:** Pivot  $\frac{1}{4}$  turn to the right on ball of left foot

**Partners now facing LOD in the Right Open Promenade Position, holding inside hands (man's right and lady's left)**

5&6      **MAN:** Shuffle forward (left, right, left)  
**LADY:** Shuffle forward (right, left, right)

**Release inside hands. Man's right and lady's left**

7-8      **MAN:** Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and step left foot next to right  
**LADY:** Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and step right foot next to left

**Partners now facing RLOD. Do not rejoin hands**

## DIAGONAL PUSH STEP, SIDE STEP, TOGETHER

9&10      **MAN:** Step back and diagonally to the right on right foot; push off of right foot and rock onto left foot in place; step right foot next to left  
**LADY:** Step back and diagonally to the left on left foot; push off of left foot and rock onto right foot in place; step left foot next to right

**Man takes up lady's right hand in his left. Raise man's left and lady's right as lady steps under upraised joined hands...**

11-12      **MAN:** Step to the left on left foot; step right foot next to left  
**LADY:** Step to the right on right foot; step left foot next to right

**Man takes up lady's left hand in his right in the wrap position. Lady directly in front of man, both facing RLOD**

## MAN: TRIPLE STEP, STEP, TOGETHER, LADY: TRIPLE STEP, $\frac{1}{2}$ TO THE RIGHT ROLLING TURN

13&14      **MAN:** Triple step in place (left, right, left)  
**LADY:** Triple step in place (right, left, right)

**Raise man's left hand and lady's right. Lady turns under upraised joined hands...**

15-16      **MAN:** Step in place on right foot; step left foot next to right  
**LADY:** Step forward on left foot and begin a  $\frac{1}{2}$  to the right rolling turn; step on right foot and complete  $\frac{1}{2}$  to the right rolling turn

**Partners now facing each other in the double hand hold position. Man faces RLOD and lady faces LOD**

## MAN: ROCK STEP, $\frac{1}{2}$ TO THE RIGHT DIAGONAL ROLLING TURN, LADY: ROCK STEP, FORWARD WALK

17-18      **MAN:** Step back on right foot; rock forward onto left foot

**LADY:** Step back on left foot; rock forward onto right foot

**Release man's left hand and lady's right. Raise man's right hand and lady's left. Man turns under upraised joined hands**

19-20

**MAN:** Step forward and diagonally to the right on right foot and begin a  $\frac{1}{2}$  to the right rolling turn; step on left foot and complete  $\frac{1}{2}$  to the right rolling turn

**LADY:** Step forward on left foot; step forward on right foot

**Partners now in the Right Open Promenade Position facing LOD. Lady slightly ahead of man**

**MAN: DIAGONAL SHUFFLE, STEP, TOGETHER, LADY: FORWARD SHUFFLE, STEP, TOGETHER**

**Raise man's right hand and lady's left. Lady shuffles forward under upraised joined hands**

21&22

**MAN:** Shuffle forward and diagonally to the right (right, left, right)

**LADY:** Shuffle forward (left, right, left)

**Man takes up lady's right hand in his left in the wrap position. Lady directly in front of man, both facing LOD**

23-24

**MAN:** Step in place on left foot; step right foot next to left

**LADY:** Step in place on right foot; step left foot next to right

**SYNCOPATED SIDE ROCK STEPS, TOGETHER,  $\frac{3}{4}$  ROLLING TURN, TRIPLE STEP**

25&26

**MAN:** Step to the left on left foot; rock to the right onto right foot; step left foot next to right

**LADY:** Step to the right on right foot; rock to the left onto left foot; step right foot next to left

27&28

**MAN:** Step to the right on right foot; rock to the left onto left foot; step right foot next to left

**LADY:** Step to the left on left foot; rock to the right onto right foot; step left foot next to right

**Release hands**

29-30

**MAN:** Step to the left on left foot and begin a  $\frac{3}{4}$  to the left rolling turn traveling to the left; step on right foot and complete  $\frac{3}{4}$  to the left rolling turn

**LADY:** Step to the right on right foot and begin a  $\frac{3}{4}$  to the right rolling turn traveling to the right; step on left foot and complete  $\frac{3}{4}$  to the right rolling turn

**Partners now facing each other in the challenge position. Man faces OLOD and lady faces ILOD**

31&32

**MAN:** Triple step in place (left, right, left)

**LADY:** Triple step in place (right, left, right)

**REPEAT**

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