Fly Away

級數: Improver

編舞者: Gaye Teather (UK)

音樂: Last Dollar (Fly Away) - Tim McGraw

牆數:4

LUNGE FORWARD, HALF TURN RIGHT, STOMP, WALK TWICE, SIDE ROCK & CROSS

- 1-2 Lunge forward on right (slightly bending both knees), recover onto left
- 3-4 Half turn right stepping forward on right, stomp left beside right (facing 6:00)
- 5-6 Walk forward right, left
- 7&8 Rock right to right side, recover onto left, cross right over left

SIDE, QUARTER TURN RIGHT, SHUFFLE FORWARD, MAMBO FORWARD, MAMBO BACK

- 1-2 Step left to left side, recover onto right making quarter turn right (facing 9:00)
- 3&4 Step forward on left, step right beside left, step forward on left
- 5&6 Rock forward on right, recover onto left, step back on right
- 7&8 Rock back on left, recover onto right, step forward on left

Restart here during wall 4 (you will be facing 12:00 wall)

SIDE RIGHT, TOGETHER, SHUFFLE FORWARD, SIDE LEFT, TOGETHER, SHUFFLE BACK

- 1-2 Step right to right side, step left beside right
- 3&4 Step forward on right, step left beside right, step forward on right
- 5-6 Step left to left side, step right beside left
- 7&8 Step back on left, step right beside left, step back on left

BACK ROCK, FULL TURN LEFT (TRAVELING FORWARD), SIDE, SLIDE, BALL-CROSS, SIDE

- 1-2 Rock back on right, recover onto left
- 3-4 Half turn left stepping back on right, half turn left stepping forward on left (facing 9:00)

Option: walk forward right, left

5-6 Long step to right, slide left to touch beside right

- As you step right extend arms to sides and "fly" as you slide left beside right
- & Step slightly back on left
- 7-8 Cross right over left, step left to left

REPEAT

TAG

At the end of wall 1 (facing 9:00) (hear the song, you will understand!)

SIDE RIGHT, SHOULDER SHRUGS, CLAP TWICE, SIDE LEFT, SHOULDER SHRUGS, CLAP TWICE

1&2 Long step to right (knees slightly bent), hold and shrug shoulders up and down twice

- 3&4 Touch left beside right, clap twice
- 5&6 Long step to left (knees slightly bent), hold and shrug shoulders up and down twice
- 7&8 Touch right beside left, clap twice

I recommend fading the music at around 3 minutes 40 secs just before the children's chorus





拍數: 32