

# Fly And Fall

拍數: 48      牆數: 4      級數: Intermediate/Advanced  
編舞者: Ross Brown (ENG)  
音樂: Everytime (Hi-Bias Radio Remix) - Britney Spears



## ROCK & CROSS, ROCK & CROSS, SIDE CHASSE, ¾ TURN OVER TWO STEPS

1&2      Rock right to the right, recover onto left, cross step right over left  
3&4      Rock left to the left, recover onto right, cross step left over right  
5&6      Step right to the right, bring left up to right, step right to the right  
7-8      Step left turning ¼ to the left, step back onto right turning ½ left

## STEP & STEP, TOUCH, MODIFIED MONTEREY TURN

1-2&      Step forward with left, hold, step right next to left  
3-4      Step forward with left, touch right next to left  
5-6      Point right to the right, place right next to left turning a ¼ right  
7&8      Rock left to the left, recover onto right, cross step left over right

## ¾ TURN OVER TWO STEPS, SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

1-2      Step back onto right turning a ¼ left, step forward onto left turning ½ left  
3&4      Step forward with right, bring left up to right, step forward with right  
5-6      Rock forward with left, recover onto right  
7&8      Step back with left, step right next to left, step forward with left

## MAMBO FORWARD, MAMBO BACK, STEP, ½ PIVOT, STEP, ½ PIVOT

1&2      Rock forward with right, recover onto left, step back onto right  
3&4      Rock back with left, recover onto right, step forward onto left  
5-6      Step forward with right, pivot ½ left  
7-8      Step forward with right, pivot ½ left

### Alternative: rocking chair

5-6      Rock forward with right, recover onto left  
7-8      Rock back with right, recover onto left

## SCUFF FORWARD, SCUFF BACK, ½ TOE STRUT, ½ TOE STRUT, ½ TOE STRUT

1-2      Scuff forward with right, scuff back with left  
3-4      Step forward onto right toe turning ½ right, place right heel  
5-6      Step back onto left toe turning ½ right, place left heel  
7-8      Step forward onto right toe turning ½ right, place right heel

## ROCK FORWARD, COASTER SCUFF, ROCK FORWARD, COASTER CROSS

1-2      Rock forward with left, recover onto right  
3&4      Step back with left, step right next to left, scuff left forward  
5-6      Rock forward with left, recover onto right  
7&8      Step back with left, step right next to left, cross step left over right

## REPEAT

## TAG

At the end of wall two, do the following tag. To make it easier change steps 7&8 of the last section to the following

7&8      Step back with left, step right next to left, step forward with left

## COASTER CROSS CHANGE TO COASTER

1-2      Step forward with right, pivot ½ left

3-4 Step forward with right, pivot  $\frac{1}{2}$  left

**During wall five, after count 32 (mambo, mambo, step, pivot, step, pivot), do this tag once then restart the dance. You should be facing the 3:00 wall after you have done this tag**

1-2 Step forward with right, step left next to right turning a  $\frac{1}{4}$  right

3-4 Step back with right, step left next to right (feet shoulder width apart)

5-7 Repeat steps 1-3 of this tag

8 Cross step left over right

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