Flowing Waters



拍數: 56 牆數: 2 級數: Improver

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音樂: Banks of the Ohio - Olivia Newton-John



WALK, WALK, WALK, KICK, STEP, TOUCH, STEP, TOUCH

1-4 Walk forward right, left, right, kick left foot forward

5-8 Step back on left, touch right across left, step forward on right, touch left next to right

STEP BACK SIDE CROSS HOLD TWICE

Small step back on left, step right to right side, cross left over right, hold
Small step back on right, step left to left side, cross right over left, hold

BACK, LOCK, BACK, 1/4 RIGHT, STEP LOCK STEP TOUCH

1-4 Step back on left, lock right across left, step back on left, ¼ turn right, stepping forward on

right

5-8 Step left forward, lock right behind left, step forward on left, touch right, beside left

BACK, TOUCH X 4 WITH CLAPS

1-4 Step back on right, touch left next to right, and clap, step back on left, touch right, next to left,

and clap

5-8 Step back on right, touch left next to right, and clap, step back on left, touch right next to left,

and clap

VINE 1/4 RIGHT, STEP, MONTEREY 1/4 TURN RIGHT, POINT STEP

1-4 Step right to right side, step left behind right, ¼ turn right stepping forward on right, step

forward left

5-8 Point right to right side, ¼ turn right stepping right next to left, point left to left side, step left

next to right

MONTEREY ¼ TURN RIGHT, POINT STEP, STEP PIVOT ¼ LEFT, CROSS ROCK RECOVER

1-4 Point right to right side, ¼ turn right stepping right next to left, point left to left side, step left

next to right

5-8 Step forward on right, ¼ turn left, (weight on left), cross rock right over left, recover onto left

EXTENDED VINE, CROSS ROCK RECOVER STEP 1/4 LEFT

1-4 Step right to right side, cross left in front of right, step right to right side, step left behind right

5-8 Step right to right side, cross rock left over right, recover onto right, \(\frac{1}{2} \) turn left stepping

forward on left

REPEAT