Flowers (By Any Other Name)

牆數: 2

級數: Improver

編舞者: Bill Bader (CAN)

音樂: Flowers On The Wall - Eric Heatherly

Sequence: AB, AB, AC, ABC, AA

拍數: 0

The "other name" in the title refers to the fact that Section A is the 32-count dance "Sweet Smile".

SECTION A

"HEEL-TOE CHARLESTON": HEEL FORWARD, STEP BACK, TOE BACK, STEP FORWARD

- 1-2 Touch right heel forward. Step right back
- 3-4 Touch left toe back, step left forward

HEEL FORWARD, STEP BACK, TRIPLE BACK-TURN-FORWARD

- 5-6 Touch right heel forward, step right back
- 7&8 Step left back, step right to right side turning ¹/₄ right, step left forward (3:00)

Option: 7&8 can be as simple as "take 3 quick steps turning ¼ right."

REPEAT

1-8 Repeat previous 1-8 (ends at 6:00)

FORWARD, FORWARD, BACK, HEEL: TWICE

- 1-2 Step right forward, step left forward
- 3-4 Step right back, touch left heel forward
- 5-6 Step left forward, step right forward
- 7-8 Step left back, touch right heel forward

ROLLING FULL TURN RIGHT, CLAP-CLAP; ROLLING FULL TURN LEFT, CLAP-CLAP

- 1-2-3 Step right to right side turning ¼ right, step left forward turning ½ right, step right back turning ¼ right
- &4 Hold foot position and clap twice
- 5-6-7 Step left to left side turning ¼ left, step right forward turning ½ left, step left back turning ¼ left
- &8 Hold foot position and clap twice

SECTION B

"Flowers on the wall" (or, if you prefer, "shoulders toward both walls")

FORWARD, FORWARD, SHOULDER ROCK, FORWARD, FORWARD, SHOULDER ROCK HALF PIVOT; REPEAT THESE 10 COUNTS

- 1-2 Step right forward, step left forward
- 3&4& Hold foot position. Hold arms at sides close to the body. Hands are flat or fists, your choice

Raise shoulders straight up and down alternately - doesn't matter which one first

- 5-8& Repeat 1-4&
- 9-10 Step right forward, pivot turn ½ left shifting weight onto left
- 11-20 Repeat 1-10

FORWARD, FORWARD, BACK, HEEL TWICE ; ROLLING FULL TURNS RIGHT AND LEFT

21-36 Counts 17-32 from Section A

Important to remember: these steps occur in both a and b

SECTION C

TAG: SYNCOPATED VINES RIGHT & LEFT



- 1-2&3-4 Step right to right side, cross step left behind right, hop step right to right side, touch left beside right, hold
- 5-6&7-8 Step left to left side, cross step right behind left, hop step left to left side, touch right beside left, hold

An easier variation is to repeat the rolling full turns at A25-32 or regular vines with touch Add the tag late in the song: after the instrumental 3rd A (back wall) and after the following A-B (front wall)