Florida Barefootin'



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音樂: Barefootin' - Scooter Lee



QUARTER TURN RIGHT, STEPS AND SCOOT/HITCHES FORWARD - SWIVEL STEPS RIGHT, LEFT, RIGHT, LEFT

Dance starts at 12:00 and immediately turns to 3:00 wall on count 1

&1-2 (Weight on left foot) Turn 1/4 right, step forward on right foot, scoot forward on right foot while

hitching left knee

3-4 Step forward on left foot, scoot forward on left foot while hitching right knee

5 Swivel forward slightly to right diagonal with right foot

6 Swivel forward slightly to left diagonal with left

7 Swivel forward slightly to right diagonal with right foot

8 Swivel forward slightly to left diagonal with left

Optional hand movements on 5 -8: jazz hands out to the sides with bent elbows

SIDE STEP TO RIGHT AND HOLD, HALF TURN RIGHT AND HOLD, HALF TURN RIGHT AND HOLD, HALF TURN RIGHT AND HOLD (CONTINUOUS RIGHT TURNS TOWARDS THE RIGHT)

1-2	Step to right side on right foot, hold & snap
3-4	Turn ½ to right stepping on left, hold & snap
5-6	Turn ½ to right stepping on right, hold & snap
7-8	Turn ½ to right stepping on left, hold & snap

Low impact optional variation: counts 3-6 - traveling to the right down the line of dance step together left (3), hold (4), step right(5), hold(6), clapping or snapping on the holds

POINT RIGHT, HITCH, STEP AND DRAG, STEP BACK & CROSS, HOLD, & CROSS, HOLD

1-2-3-4 Point right toe to right side, hitch right knee in front of left, big step to right side on right, drag

left to right (keep weight on right)

&5-6 Step left foot back, cross right over left, hold &7-8 Step left foot back, cross right over left, hold

DIAGONAL STOMP & HOLD, HEEL KNOCKS, STEP QUARTER TURN RIGHT, KICK BACK, STEP HALF TURN LEFT, KICK BACK

&1-2 Step left foot back, stomp right foot at diagonal right corner, hold Optional hand movements: cross hands in front of body & uncross - "you're safe"

Keeping weight on balls of both feet knock heels together (swiveling heels in, out, in)

Weight ends on left foot

5-6 Turn ¼ right stepping on right foot, kick (low flick) left foot behind body

7-8 Turn ½ turn left on ball of right foot, step on left kick (low flick) right foot behind body

REPEAT