

Floor To Ceiling

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Michael O'Shea (IRE) & Gary Corcoran
音樂: Got the Feelin' - Five



Gary Corcoran was age 11 when this dance was created

BACK ROCK & STEP, SKATE TWICE, FORWARD ROCK & STEP, BEHIND SIDE CROSS

1&2 Rock back right, replace weight onto left, step right to left
3-4 Skate left diagonally left, skate right diagonally right
5&6 Rock forward left, replace weight to right, step left to left side
7&8 Step right behind left, step left to left, cross right over left

SYNCOPATED SIDE ROCK, HEEL SWIVEL, PIVOT ½ TURN, RIGHT SHUFFLE

1&2 Point left to left, close left to right, rock right to right side
&3&4 Replace weight to left, close right to left swivel feet to left, swivel feet to center
5&6 Step forward left, pivot ½ turn right, step forward left
7&8 Shuffle forward right, left, right

LEFT GRAPEVINE, PIGEON TOES. FORWARD & BACK & SCUFF & STEP ¼ TURN

&1&2 Step left to left side, cross right behind left, step left to left side left, close right to left (slightly apart)
&3&4 Split toes apart, on ball of left foot & heel of right foot bring toes together (traveling to the left), split toes apart, on ball of left foot & heel of right foot bring toes together (traveling to the left)
5&6& Rock forward right, replace weight to left, rock back right, replace weight to left
7&8 Scuff right forward turning ¼ turn left, step onto right, step left to left

Pigeon toes can be replaced by swiveling left heels, toes, heels, toes

RIGHT & LEFT SAILOR STEPS, POINTS TWICE, & HEEL AND STEP

1&2 Rock right behind left, step left to left, step right to right
3&4- Rock left behind right, step right to right, step left to left
&5&6 Close right to left, point left to left side, close left to right, point right to right side
&7&8 Close right to left, touch left heel forward, close left to right, step right in place

REPEAT