

Flip The Switch

拍數: 32 牆數: 4 級數: Beginner
編舞者: Buckskin Joe
音樂: You Turn Me On - Tim McGraw



SWITCH STEPS WITH HOLD AND CLAPS

- 1 Point left toe to left side
- &2 Step left foot in place, point right toe to right side
- &3 Step right foot in place, point left toe to left side
- 4 Hold for one beat and clap twice

SWITCH STEPS WITH HOLD AND CLAPS

- &5 Step left foot in place, point right toe to right side
- &6 Step right foot in place, point left toe to left side
- &7 Step left foot in place, point right toe to right side
- 8 Hold for one beat and clap twice

KICK BALL CHANGE TWICE, STEP TURN, STEP

- 9 Kick right foot forward
- & Step in place on ball of right foot
- 10 Step left foot in place next to right
- 11 Kick right foot forward
- & Step in place on ball of right foot
- 12 Step left foot in place next to right
- 13 Step forward on right foot
- 14 Pivot ½ turn over left shoulder
- 15 Step forward on right foot
- 16 Touch left beside right

SYNCOPATED VINE, ROCK STEP AND RIGHT CHASSIS ¼ TURN

- 17 Step left to left side
- 18 Step right behind left
- &19 Step left to left side, cross right over left
- 20 Step left to left side
- 21 Step back on to right foot
- 22 Rock forward on to left foot
- 23 Step right to right side
- &24 Close left beside right, turn ¼ right, step forward on right

STEP TURN, SHUFFLE, SYNCOPATED JUMPS, STEP TURN

- 25 Step forward on left
- 26 Pivot ½ turn over right shoulder
- 27&28 Left shuffle forward (left, right, left)
- 29 Jump both feet out landing right, left
- 30 Jump both feet in landing right, left
- 31 Step forward on right
- 32 Pivot ½ turn over left shoulder as you hitch left knee

REPEAT