

Flip The Switch

拍數: 32 牆數: 4 級數: Beginner
編舞者: Buckskin Joe
音樂: You Turn Me On - Tim McGraw



SWITCH STEPS WITH HOLD AND CLAPS

1 Point left toe to left side
&2 Step left foot in place, point right toe to right side
&3 Step right foot in place, point left toe to left side
4 Hold for one beat and clap twice

SWITCH STEPS WITH HOLD AND CLAPS

&5 Step left foot in place, point right toe to right side
&6 Step right foot in place, point left toe to left side
&7 Step left foot in place, point right toe to right side
8 Hold for one beat and clap twice

KICK BALL CHANGE TWICE, STEP TURN, STEP

9 Kick right foot forward
& Step in place on ball of right foot
10 Step left foot in place next to right
11 Kick right foot forward
& Step in place on ball of right foot
12 Step left foot in place next to right
13 Step forward on right foot
14 Pivot ½ turn over left shoulder
15 Step forward on right foot
16 Touch left beside right

SYNCOPATED VINE, ROCK STEP AND RIGHT CHASSIS ¼ TURN

17 Step left to left side
18 Step right behind left
&19 Step left to left side, cross right over left
20 Step left to left side
21 Step back on to right foot
22 Rock forward on to left foot
23 Step right to right side
&24 Close left beside right, turn ¼ right, step forward on right

STEP TURN, SHUFFLE, SYNCOPATED JUMPS, STEP TURN

25 Step forward on left
26 Pivot ½ turn over right shoulder
27&28 Left shuffle forward (left, right, left)
29 Jump both feet out landing right, left
30 Jump both feet in landing right, left
31 Step forward on right
32 Pivot ½ turn over left shoulder as you hitch left knee

REPEAT