

# Flip The Switch

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Jenny Sharp (UK), Lucy Coney & Beck Hirst  
音樂: You Turn Me On - Tim McGraw



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## RIGHT FOOT TOUCHES TO SIDE AND FRONT, SIDE ROCKS AND HEEL TAPS

- 1-2-            Point right foot to right side, point right foot forward
- 3-4-            Point right foot to right side, point right foot forward
- 5-6-            Rock to right side transferring weight, tap left heel
- 7-8-            Rock to left side transferring weight, tap right heel

## RIGHT SYNCOPATED GRAPEVINE, OUT, OUT, IN, IN, HIP CIRCLES

- 1-2&3-4        Step right to right side, cross left behind right, step right out to right side, cross left in front, step right to right side
- &5&6            Step out left, then right, step in left then right
- 7-8             Circle hips

## LEFT SYNCOPATED GRAPEVINE, OUT, OUT, IN, IN, HIP CIRCLES,

- 1-2&3-4        Step left to left side, cross right behind, step left to left side, cross right in front, step left to left side
- &5&6            Step out right, then left, step in right, then left
- 7-8             Circle hips

## MONTEREY TURN, HIP SWAYS, RIGHT KICK BALL CHANGE

- 1-2             Point right to right side, half turn over right shoulder transferring weight to right foot bringing feet together
- 3-4             Point left to left side, bring back to center
- 5                Rock to right side transferring weight and swaying hips right
- 6                Rock to left side transferring weight and swaying hips left
- 7&8             Kick right foot forward, transfer weight on to ball of right foot, transfer weight on to left foot

**REPEAT**

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