

Flip Flop Hop

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Waylon Robbins (USA)
音樂: Givin' Water to a Drowning Man - Lee Roy Parnell



KICKS & TWIST

- 1-2 Kick right foot forward; step right foot next to left
- 3-4 Kick left foot forward; step left foot next to right
- 5-6 Kick right foot forward; step right foot next to left while shifting both heels to right
- 7 Switch weight to heels of feet and twist both toes to the right
- 8 Switch weight to balls of both feet and twist both heels to center

- 9-10 Kick left foot forward; step left foot next to right
- 11-12 Kick right foot forward; step right foot next to left
- 13-14 Kick left foot forward; step left foot next to right while shifting both heels to the left
- 15 Switch weight to heels of both feet and twist toes to the left
- 16 Switch weight to toes of both feet and twist heels to center

RIGHT VINES WITH ¼ TURNS

- 17-18 Step right foot to right; cross left foot behind right
- 19-20 Step right foot to right; hop on both feet making ¼ turn to right (landing with feet together and weight on left foot)
- 21-22 Step right foot to right; cross left foot behind right
- 23-24 Step right foot to right; hop on both feet making ¼ turn to right (landing with feet together and weight on left foot)

CROSS STEPS, STEP & TOUCH

- 25-26 Step right foot back; drag left foot across and in front of right
- 27-28 Step right foot back; drag left foot across and in front of right
- 29-30 Step right foot to right; touch left toe next to right (snap fingers)
- 31-32 Step left foot to left; touch right foot next to left (snap fingers)

SYNCOPATED SIDE TOUCHES, HALF TURNS

- &33 Step right foot quickly to right; touch left toe next to right
- 34 Clap hands
- &35 Step left foot quickly to left; touch right toe next to left
- 36 Clap hands
- 37-38 Step right foot forward; make ½ turn to left (weight to left foot)
- 39-40 Step right foot forward; make ½ turn to left (weight to left foot)

SCUFFS, SEPARATED HEEL SPLITS

- 41-42 Scuff right foot forward; step right foot next to left
- 43-44 Scuff left foot forward; step left foot next to right
- 45 Scuff right foot forward
- 46 Step right foot behind left (left foot straight forward and right foot at angle toward 2:00)
- 47 With weight on balls of both feet, twist both heels in
- &48 Twist both heels out; twist both heels in

REPEAT