Flip Flop Hop



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Waylon Robbins (USA)

音樂: Givin' Water to a Drowning Man - Lee Roy Parnell



KICKS & TWIST

1-2	Kick right foot forward; step right foot next to left
3-4	Kick left foot forward: step left foot next to right

5-6 Kick right foot forward; step right foot next to left while shifting both heels to right

Switch weight to heels of feet and twist both toes to the right
Switch weight to balls of both feet and twist both heels to center

9-10 Kick left foot forward; step left foot next to right 11-12 Kick right foot forward; step right foot next to left

13-14 Kick left foot forward; step left foot next to right while shifting both heels to the left

Switch weight to heels of both feet and twist toes to the left Switch weight to toes of both feet and twist heels to center

RIGHT VINES WITH 1/4 TURNS

17-18	Step right foot to right; cro	oss left foot behind right

19-20 Step right foot to right; hop on both feet making ½ turn to right (landing with feet together and

weight on left foot)

21-22 Step right foot to right; cross left foot behind right

23-24 Step right foot to right; hop on both feet making ¼ turn to right (landing with feet together and

weight on left foot)

CROSS STEPS, STEP & TOUCH

25-26	Step right foot back; drag left foot across and in front of right
27-28	Step right foot back; drag left foot across and in front of right
29-30	Step right foot to right; touch left toe next to right (snap fingers)
31-32	Step left foot to left: touch right foot next to left (snap fingers)

SYNCOPATED SIDE TOUCHES, HALF TURNS

&33	Step right foot guickly to right: touch left toe next to right

34 Clap hands

&35 Step left foot quickly to left; touch right toe next to left

36 Clap hands

37-38 Step right foot forward; make ½ turn to left (weight to left foot) 39-40 Step right foot forward; make ½ turn to left (weight to left foot)

SCUFFS, SEPARATED HEEL SPLITS

41-42	Scuff right foot forward; step right foot next to left
43-44	Scuff left foot forward; step left foot next to right

45 Scuff right foot forward

Step right foot behind left (left foot straight forward and right foot at angle toward 2:00)

With weight ob balls of both feet, twist both heels in

&48 Twist both heels out; twist both heels in

REPEAT