# The Flight Of The Hawk



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Ronald "RONNIE" Grabs (DE) 音樂: The Spirit of the Hawk - Rednex



## BACK, GRAPEVINE, HEEL TOUCH, SIDE, CROSS, HOLD, CROSS SHUFFLE

& Step back on left foot

1-2-3 Step right to right side; cross left behind right; step right to right side

Touch left heel forward and slightly to left Step left to left side; cross right in front of left

6 Hold

&7&8 Step left to left side; cross right in front of left; step left to left side; cross right in front of left

## HEEL SWITCHES, SIDE TOE TOUCHES, STEP FORWARD, HOLD, SHUFFLE FORWARD

Step left next to right; touch right heel forward; step right next to left; touch left heel forward Step left next to right; touch right toe to right side; step right next to left; touch left toe to left

side; step left next to right

5-6 Step forward on right; hold

7&8 Step forward on left; close right up to left; step forward on left

## VAUDEVILLE STEPS, 1/2 TURN RIGHT WITH BODY ROLL, SIDE SHUFFLE 1/4 TURN RIGHT

\$1&2 Step right foot back; touch left heel forward; step left foot back; cross step right foot over left
\$3&4 Step left foot back; touch right heel forward; step right foot back; cross step left foot over right
5-6 Keeping weight on left leg rotate hips to the left (body roll) and turn ½ turn right on balls of the

feet, at the end right touch slightly forward

7&8 Step right to right side; step left next to right; turn ½ right step forward on right

## PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, SYNCOPATED OUT-OUT IN-IN STEPS WITH HOLDS AND CLAPS

1-2 Step forward on left; pivot ½ turn right

3&4 Step forward on left; close right up to left; step forward on left

&5 Step right slightly to right side; step left slightly to left side; (now feet shoulder apart)

6 Hold and clap hands

&7 Step right back to center; step left next to right

8 Hold and clap hands

### **REPEAT**

### **TAG**

At the 3rd and 7th time change the last 4 counts with following 4 counts:

### **OUT-OUT STEPS WITH HOLDS AND ARM MOTION**

5 Step right slightly to right

Bend right arm at elbow, with stretched showing and middle finger touch on left shoulder (Red Indian greeting)

6 Hold (keeping weight on right)

Stretch the right arm, with stretched showing and middle finger, to the front out (Red Indian greeting)

7-8 Hold (keeping weight on right)

Close arms in front of chest, right arm over left arm (Red Indian greeting), stretch the arms down at the end