

# Flashdance

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Debbie Hogg (UK)  
音樂: Flashdance...What a Feeling - Irene Cara



## Optional Intro Dance

### Section 1: □ Side, Close, Forward, Hold, Side, 1/2 turn, Step forward, Hold

1-2      Step left to left side. Close right beside left.  
3-4      Step forward on left. Hold  
5-6      Step right to right side. Close left beside right making ½ turn right  
7-8      Step forward on right (slightly to right diagonal). Hold

### Section 2: □ Cross rock, Full Turn Left, Sway, Sway

1-2      Cross rock left over right. Recover onto right  
3-4      Step left to left side. Step right beside left (making optional full turn left)  
5-6      Sway left (over 2 counts) sliding right in towards left  
7-8      Sway right (over 2 counts) sliding left in towards right

Dance the above 16 counts 3 times in total on the 4th wall change as follows:

### Tag: □ Side, Close, Forward, Hold. Side, 1/2 turn, Step, Step

1-2      Step left to left side. Close right beside left  
3-4      Step forward on left. Hold  
5-6      Step right to right side. Close left beside right making 1/2 turn right  
7-8      Step forward on right. Step forward on left.

### Step forward. Touch. Step Back. Touch. Step side. Touch. Step side. Flick

1-4      Step right forward. Touch left beside right. Step left back. Touch right beside left  
5-6      Step right to right side. Touch left beside right  
7-8      Step left to left side. Flick right foot behind left leg throwing both arms to left side

### #6 Walks Round in Own Circle (clockwise). 2 Walks Forward

1-8      6 walks round in own circle (clockwise) (right, left, right, left, right, left). 2 steps forward (right, left)

## PART B: □ Main Dance

### Section 1: □ 1/4 left, Rock Forward, Triple Step 1/2 Turn, Rock Forward, Triple Step 1/2 Turn

1-2      ¼ turn left into: Rock forward on right. Recover back onto left  
3 & 4      Triple step (right, left, right) making ½ turn right  
5-6      Rock forward on left. Recover back onto right  
7 & 8      Triple step (left, right, left) making ½ turn left

### Section 2: □ Side. Hold. Close. Side. Touch. 1+ 1/4 Turn Left. Brush

1-2      Step right to right side. Hold  
& 3-4      Close left beside right. Step right to right side. Touch left beside right  
5      ¼ turn left stepping forward onto left  
6-7      Full turn left (step back onto right, step forward onto left)  
8      Brush right forward (finish with right leg raised facing 06:00 wall)

### Section 3: □ Jazz Box. 1/2 Turn. Touch. Long Step. Drag. Ball-Change

1-2      Cross step right over left. Making 1/2 turn right step back left  
3-4      Step right to right side. Touch left beside right  
5-6-7      Step left long step to left side. Drag right towards left over 2 counts

& 8 Step onto ball of right foot behind left. Replace weight onto left

**Section 4: ¼ Turn Right. Step Forward. Step Forward. ½ Pivot. Step Forward. Step Forward. ½ pivot. Rock Forward. Recover**

1 ¼ turn right stepping right forward  
2-3 Step left forward. ½ pivot turn right.  
4 Step left forward  
5-6 Step right forward. ½ pivot turn left  
7-8 Rock forward on right. Recover back onto left

**Section 5: □'What a Feeling' Flick. ¾ Turn. Scissor Step. Step Touches**

1 Flick right behind making ¾ turn right to face home wall  
2 Cross step right over left  
3 & 4 Step left to left side, Close right beside left, Cross step left over right  
5-8 Step right to right side. Touch left beside right. Step left to left side. Touch right beside left

**Section 6: □¼ Turn Right. 3 Ball-Changes Making Full Turn. Cross step. Kick. Step Behind. ¼ Turn Left Step Forward**

1 ¼ turn right stepping right forward  
&2&3&4 3 Ball-changes making a full turn right  
5-6 Cross step left over right. Kick right diagonally forward  
7-8 Step right behind left. ¼ turn left stepping left forward (facing home wall)

**Section 7: Skate Step Forward. Touch. ½ Turn Left. Skate Step. 1/4 Turn. Hitch. Step. Cross. 1/4 Turn. Full Turn**

1-2 Right skate step forward. Touch left beside right.  
3-4 ½ turn left into skate step forward left. 1/4 turn left hitching right knee, leaning body slightly to left  
5-6 Step right to right side. Cross step left over right  
7-8 1/4 turn right stepping right forward. Full turn right stepping left beside right.

**Section 8: □Step. Step. ½ turn. Step. Walk. Walk. Large step. slide Close.**

1-2 Step right forward. Step left forward  
3-4 ½ pivot turn right. Step left forward  
5-6 Step right forward. Step left forward  
7-8 Large step forward onto right. Slide left to close beside right (weight on balls of feet).

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