

Flapjack

拍數: 32 牆數: 4 級數: Improver
編舞者: Mary Kelly (UK)
音樂: Maggie's Pancakes - The Sporrán Brothers



CROSS SHUFFLE, TURN STEP TWICE

1&2 Right cross shuffle to left. (right, left, right)
3 Step left on left foot, at same time pivoting half turn to right on ball of left foot
4 Step right on right foot
5&6 Left cross shuffle to right (left, right, left)
7 Step right on right foot, at same time pivoting half turn to left on ball of right foot
8 Step left on left foot

EXTENDED SYNCOPATED WEAVE TO RIGHT (COUNT 1,2,&3,4,5&6,7,8)

9 Step to right on right foot
10 Step left foot behind right
& Step to right on right foot
11 Step left foot in front of right
12 Step right on right foot
13 Step left foot behind right
& Step to right on right foot
14 Step left foot in front of right
15 Step right on right foot
16 Stomp left foot beside right

HEEL, TOE, HEEL TAPS, WEIGHT CHANGE TWICE, HEEL, TOE TAP

17 Tap right heel forward
18 Tap right toes across left foot
19 Tap right heel forward
& Close right beside left
20 Tap left heel forward
21 Tap left toes across right foot
22 Tap left heel forward
& Close left beside right
23 Tap right heel forward
24 Tap right toes across left foot

RIGHT SHUFFLE FORWARD, THREE-QUARTER PIVOT, SYNCOPATED SIDE ROCK STEPS

25&26 Shuffle forward (right, left, right)
27 Step forward on left foot
28 Pivot three-quarter turn to right (weight ending on right foot)
29 Rock to left side on left foot
30 Rock back in place on right foot
& Close left foot beside right
31 Rock to right side on right foot
32 Rock back in place on left foot

REPEAT