

Flagging

拍數: 48 牆數: 4 級數: Improver
編舞者: Paul Farrugia (UK)
音樂: White Flag - Dido



ROCK, CROSS SHUFFLE, ROCK, COASTER ¼ TURN

1-2 Rock out onto right, recover onto left
3&4 Cross right over left, step left next to right, cross right over left
5-6 Rock out onto left, recover onto right
7&8 Quarter turn left stepping back onto left, step right next to left, step forward onto left

STEP, PIVOT TURN, FORWARD SHUFFLE, ROCK, SYNCOPATED GRAPEVINE

9-10 Step forward right, pivot ½ turn over left shoulder
11&12 Step forward on right, step left behind right, step forward right
13-14 Rock out onto left, recover onto right
15&16 Step left behind right, step right to right, cross left over right

ROCK RECOVER, PIVOT HALF TURN, ROCK RECOVER, KICK, POINT, KICK, POINT

17-18 Rock out onto right, recover onto left
&19-20 Pivot half turn to the right on left foot, rock out onto right, recover onto left
21&22 Kick forward right, step right next to left, point left out to left side
23&24 Kick forward left, step left next to right, point right to right side

ROCK, SHUFFLE HALF TURN, SHUFFLE HALF TURN, ROCK, RECOVER

25-26 Rock forward onto right, recover onto left
27&28 ¼ turn right onto right, step left next to right, ¼ turn right onto right
29&30 ¼ turn right stepping onto left, step right next to left, ¼ turn right stepping back on left
31-32 Rock back onto right recover onto left

Restart here on walls 2 & 4

WALK, WALK, SWEEP TOUCH, ROCK AND CROSS, ROCK AND CROSS

33-34 Walk forward right, walk forward left
35-36 Sweep right foot half turn around to the left, and touch
37&38 Rock out onto right, recover onto left, cross right over left
39&40 Rock out onto left, recover onto right, cross left over right

SYNCOPATED GRAPEVINE, ROCK, RECOVER, PIVOT TURN STEP, SIDE ROCK, RECOVER, CROSS

41-42 Step right to the right, cross left behind right
&43-44 Step right next to left, cross left over right, rock out to right
45-46 Recover onto left, pivot half turn to the right on left foot, step onto right
47&48 Rock out onto left, recover back onto right, cross left over right

REPEAT

RESTART

On walls 2 and 4 restart after 32 counts